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WDM magazine

Issue 57 | SPRING/SUMMER 2022

Your guide to news and activities for the City of West Des Moines



5

Mayor's
Column

22

WDM Shade
Crusade

p1

WDM Parks
& Recreation



WELCOME to the WDM Magazine... The City of West Des Moines' premier communication sent to over 34,000 homes and businesses throughout the City.

The WDM Magazine is published three times per year to highlight city news and information as well as community events and programming available through WDM Parks and Recreation, the WDM Library, and WDM Human Services.

WEST DES MOINES CITY HALL

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West Des Moines, Iowa 50265
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6500 Grand Avenue, Suite 110,
West Des Moines, IA 50266-5357
515.271.7802 // dmu.edu/clinic/recplex

DES MOINES

Our long-established clinic near downtown

3200 Grand Avenue,
Des Moines, IA 50312-4198
515.271.1717 // dmu.edu/clinic/physical-therapy



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Eye On West Des Moines Photo Contest

The City of West Des Moines is partnering with WDM Magazine to sponsor the Eye on West Des Moines Photo Contest. Submissions for the 2022 contest are accepted anytime through Friday, June 3, at 4:00 p.m. Entries must be electronically submitted to parkrec@wdm.iowa.gov.

- Grand Prize/Overall Winner: **\$100**
- Category Winners: **\$50**

All submissions must be received by
June 3, 2022, at 4:00 p.m.

Photographs must be entered in one of four categories that represent life in the City of West Des Moines:

- Living – Activities/Events
- Living – Plants
- Seasons in WDM
- Living – Wildlife



For more information,
please contact Mark Brewick
at (515) 222-3441 or
Mark.Brewick@wdm.iowa.gov

MAYOR



Russ Trimble
Phone: (515) 554-8746
Russ.Trimble@wdm.iowa.gov

WDM CITY COUNCIL



Kevin Trevillyan
First Ward
Phone: (515) 240-8786
Kevin.Trevillyan@wdm.iowa.gov



Greg Hudson
Second Ward
Phone: (515) 518-0529
Greg.Hudson@wdm.iowa.gov



Doug Loots
Third Ward
Phone: (515) 273-0691
Doug.Loots@wdm.iowa.gov



Renee Hardman
At-Large
Home: (515) 556-9248
Renee.Hardman@wdm.iowa.gov



Matthew McKinney
At-Large
Phone: (515) 208-0033
Matthew.McKinney@wdm.iowa.gov

KEY CITY STAFF



City Manager
Tom Hadden
(515) 222-3610



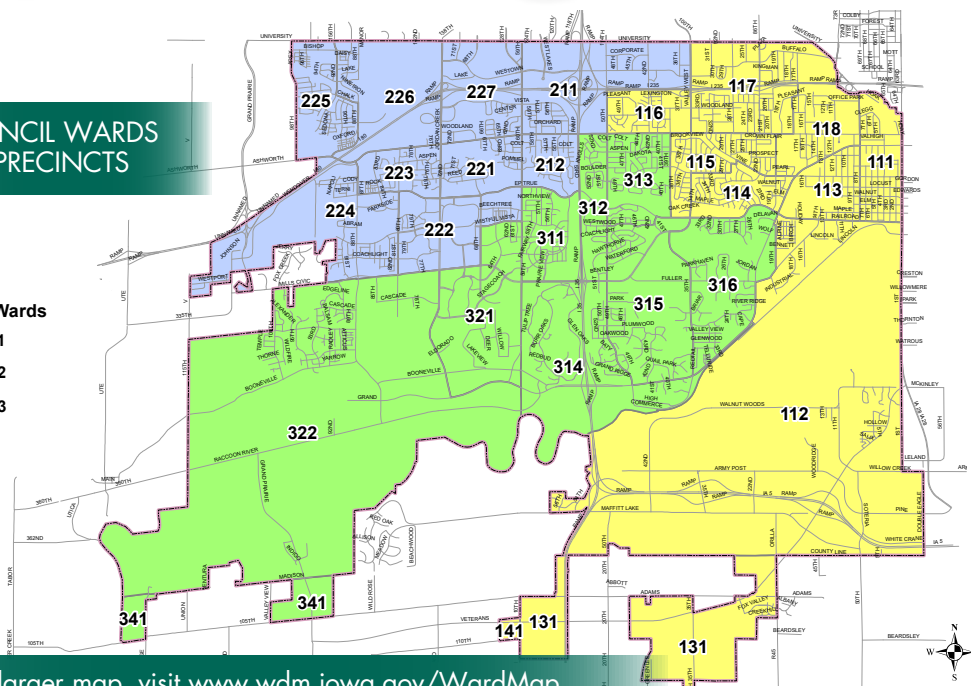
Deputy City Manager
Jamie Letzring
(515) 222-3610



City Attorney
Richard J. Scieszinski
(515) 222-3614

COUNCIL WARDS & PRECINCTS

Council Wards



To see a larger map, visit www.wdm.iowa.gov/WardMap.

THE MAYOR'S COLUMN



Happy New Year, West Des Moines! I'm Russ Trimble, your newly elected Mayor. Before being elected Mayor, I served as the Ward 3 city councilmember alongside former Mayor, Steve Gaer, for 12 years.

Before being elected to council in 2009, I served on the Human Services Advisory Board for almost 7 years helping the elderly, disabled, and low-income.

To say I am excited to serve as Mayor and excited about our city's future is the understatement of the decade. Over the last 12 years we cut the city tax rate from \$12.05 to \$10.95. We added game-changing quality of life amenities like the RecPlex, the amphitheater and the boathouse. We implemented economic development programs that helped start a renaissance in Valley Junction and led to the development of four Microsoft data centers, new corporate headquarters for Shive Hattery, Sammons and IMT, creation of the Hall, and much more.

We also added police and firefighters to make sure we were able to fully staff all our stations 24/7. In addition, we made necessary investments in infrastructure to keep up our streets and sewers, protect against flooding, and to ensure every resident and every business has access to high-speed internet.

Finally, we thought outside the box and came up with ways to add affordable housing for new entrants to the workforce and seniors wishing to sell their homes but stay in West Des Moines.

Over the next four years, you can expect much of the same.

We will continue to work to reduce our city tax rate when responsible to do so.

We will continue adding game-changing quality of life amenities like a marathon loop trail, a pedestrian bridge over Raccoon River, tiny homes in the greenway that can be rented out for camping and much, much more. And all these things will be done as public/private partnerships. We know tax dollars cannot be relied upon solely to fund these projects.

We will continue smart, aggressive economic development to add jobs and grow the economy, but we will be judicious with our use of incentives and work to retire debt when possible.

We will continue our work to ensure citizens feel safe. This will include adding more police, fire, and EMS. Along with this, we will work to improve community relations and make sure that everyone is treated fairly and with dignity and respect.

We will continue to make investments in infrastructure to keep up older parts of our city. We will continue to revitalize Valley Junction and will now start to focus on beautifying the residential neighborhoods down there. Towards the latter part of my term, we will work to revitalize the Valley West Mall area.

I sincerely look forward to all that we will accomplish together. And I thank you for the trust, confidence and support you have put in me over the last 12 years. If I can ever be of assistance in any way, please feel free to reach out.

Thank you to Mayor Gaer and his family for their 22.5 years of service to our city and for laying an unbelievable foundation on which we will build as we work to be the best city in America in which to live, work, play, raise a family and one day retire!

Mayor Russ Trimble

BOARDS AND COMMISSIONS



Bicycle Advisory Commission

Missy Berg
Steven Herwig
Lyndley Kent
Thomas Suckow
Stephen Welsh
Nicholas Welter
Diane Witt

Board of Adjustment

Michael Blaser
Erick P. Christiansen
Thomas Cunningham
Angie Pfannkuch
Michele Stevens

Civil Service Commission

Emily Bartekoske
Kevin Flagg
Ricky Mathai

Human Rights Commission

Shiamaa Aly
Tiffany Berkenes
H. Milton Cole-Duvall
Chandlor Collins
Lonneta Dafney
Andrew O'Leary
Rich Salas

Human Services Advisory Board

Mary Bernabe
Janet Clary-Jones
Victor Dutchuk, Jr.
Michael Frandsen
Wesley Franklin
Joe Happe
Jo Helling
Sheila Nelson
Rick Riley
Jami Schnoebelen
Bill Solawetz
Tami Swenson
Kasey Tickel
Daniel Werner

Library Board of Trustees

Mary Brooks
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Carol Grant
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Bryan Myers
Ray Seidelman
Ann Warren

Park and Recreation Advisory Board

Melissa Clark-Wharff
Joe Hrdlicka
Linda Lowe
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Heather Schebel
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Rick Swalwell

Plan and Zoning Commission

Erica Andersen
Andrew Conlin
Chris Costa
Kevin J. Crowley
Maria Davis
Jennifer Drake
Scott Hatfield

Public Arts Advisory Commission

Diane Boyd
Ryan Crane
Joshua Duden
Rita Luther
Jeff Phillips
Brenda Sedlacek
Amenda Tate

Sister Cities Commission

Erika Cook
Brian Crotty
Johanna Langille
Jeffrey Lipman
Kannan Raghavan
Jim Sandager
Yangyidi Ye

Water Board of Trustees

Scott Brennan
Erin Sheriff
Jody E. Smith
Gretchen Tegeler
Mary Thomsen

FROM THE CITY MANAGER



As West Des Moines' population continues to grow, it makes perfect sense for us to always be examining how we're going to meet the needs of our residents and businesses.

A safe and reliable water supply is a top priority, and that's why the WDM Water Works Board of Trustees formed a Planning and Regionalization Committee to study how we might work together with other communities to ensure we all have the quantity and quality of water we need.

The vote to create Central Iowa Water Works (CIWW) is important because it signals the City's intent to join a regional entity that could provide a 30% cost savings in water treatment and production for rate payers over the next 40 years.

Although a handful of citizens seemed surprised by this effort when it was originally shared with the City Council last December, discussions have been occurring on this topic for years. Originally, it was thought that the most efficient and economical move would be for West Des Moines to build a new West Regional Water Plant with Waukee and Van Meter. After extensive research and analysis, the committee concluded that the formation of CIWW just might be a better option for rate payers.

As it stands today, our ability to access enough water for our growing community is limited, and it's expensive to build and maintain a new plant(s) on our own. Our city already purchases 30% of our water from Des Moines Water Works. For two water zones in West Des Moines, 100% of their water comes from Des Moines Water Works.

If CIWW is formed, WDM Water Works will retain its staff, continue to own and maintain its water distribution system, and control water pricing for customers. West Des Moines would also have a say in decisions regarding source water,

construction of new treatment facilities and wholesale pricing. A seat at the table is critical for West Des Moines in any future regionalization efforts.

I urge everyone to keep an open mind as discussions move forward this year. The initial voting by Des Moines, Urbandale and West Des Moines indicates that the cities and utilities are interested in working together and negotiating 28E (joint exercise of governmental powers) and 28F (joint financing of public works and facilities) agreements.

This vote is a nonbinding way to show interest in pursuing further negotiations. If all parties vote to approve, we are still a long way from reaching a final agreement and there will be plenty of opportunities for open discussion about specifics at future meetings.

West Des Moines already participates in 28E agreements that allow us to work with our neighbors to provide a variety of services such as wastewater treatment, the Metropolitan Planning Organization, garbage and recycling collection, sanitary landfills, bus service, a consolidated dispatching center, mutual law enforcement assistance, and more. We currently have over 170 of these agreements that help us achieve economies of scale and avoid unnecessary duplication of services.

As with any agreement, the devil is in the details. You can rest assured, though, that our city has a Water Works Board of Trustees that is taking this matter seriously. They understand our need for a safe and adequate water supply, and they are in the best position to negotiate with neighboring communities.

Tom Hadden

The WDM magazine was produced by the City of West Des Moines, JM Impressions and Colorfx.

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NATIONAL PUBLIC WORKS WEEK CELEBRATION



**North End
of the
Valley Junction
Farmer's Market
300 Block of
5th Street**

**May 19, 2022
4PM – 7PM**

Come join us for a celebration of the Public Services employees across North America who provide and maintain the infrastructure and services to our communities.

This event is not just a FREE, FUN, FAMILY EVENT - it's an opportunity to learn!

Come for the fun, and ask questions about emerald ash borer, plowing snow, repairing streets, Community Compliance, City horticulture, park maintenance, inspecting sewers . . . anything Public Services related!



YARD WASTE SEASON BEGINS APRIL 4



Yard waste can be placed in Compost It! bags or store-brand yard waste bags with a green Compost It! sticker attached. Or, if you've signed up for cart service, throw everything in your 96-gallon Compost It! cart and take it to the curb on your regular collection day. Cart service for yard waste is renewed annually.

The Compost It! program's curbside yard waste collection will begin for the season on April 4, 2022.

Your yard waste habits may have hibernated over the winter, but by following these simple tips, your yard waste collection can be a breeze this spring!

Contain it properly

There are a variety of ways you can get your yard waste collected curbside.

Know your collection time

Yard waste is collected on the same day as your trash each week. Make sure you have it out before 6 AM on your collection day, as some haulers get started before the sun rises!

When you set your items out for collection, remember to leave 3 feet between other carts, yard waste bags, and structures (i.e., mailboxes, lawn ornaments, bushes).

CARING FOR OUR LAWNS



Looking forward to spring? As spring approaches, our focus will once again turn to taking care of lawns and open spaces. According to the Iowa Storm Water Education Partnership (ISWEP), the soil beneath the turf, especially in newer developed areas, is often very unhealthy. As a result, many lawns are over fertilized and generate runoff that goes directly to local streams. Lawn care products applied by residents or lawn care companies also can end up on streets, driveways, sidewalks, and alleys. These chemicals then end up being wasted and released into the environment.

Follow these tips from ISWEP to help keep our waterways clean and healthy.

Stormwater Pollution Prevention Tips:

- Sweep up excess fertilizers from sidewalks or driveways
- Don't apply fertilizers and herbicides right before a rainfall event
- Blow grass clippings back onto the lawn after mowing
- Spot spray herbicides rather than spraying the entire lawn

Your actions have a direct effect on aquatic life and water quality of our streams and rivers.

Get more information on healthy soils by visiting iowastormwater.org.



2022 Scrap Appliance & Metal Drop-Off

SPRING: Saturday, June 11 | FALL: Saturday, Sept. 10

8 AM to 12:00 Noon

If you have scrap appliances and metal to dispose of that are NOT accepted during the Spring Cleanup event, bring them to the Public Services East facility located at 560 S. 16th Street, on Saturday, June 11 and Saturday, September 10, 2022 from 8:00 AM until Noon.

These items will be accepted – **FREE**

Air Conditioners (all sizes)	Dishwashers	Ice Makers	Saws
Batteries (all kinds)	Dryers	Metal - Most anything	Speakers
Blenders/Mixers/Toasters	DVD Players	Metal Shelving	Stereo systems
Calculators	Exercise Equipment	Microwaves	Stoves
Cameras, Camcorders	Fans	Motors (no gas)	Vacuums
Cell Phones	Fax Machines	Mowers – Riding, Walk Behind (no gas)	VCRs
Chillers	Freezers (no food)	Phones	Video Game Systems
Computer Towers, Servers	Furnaces	Pots, Pans, Electric Skillets	Washers
Condenser Units	Garage Doors & Openers	Printers	Water Coolers
Copiers	General Scrap Metal	Refrigerators	Water Heaters
Dehumidifiers	Humidifiers	Rooftop AC Units	Water Softeners (no salt)

These items will **NOT** be accepted –

Anything with food in it	Garbage	Paint	Wood
Chemicals	Light Bulbs	Plastics	

Televisions and Monitors are accepted AT A COST for each TV or Monitor:

Payment may be made on site, cash or check only. Checks made payable to K3 Recycling.

- Up to 20" \$20 each
- 20" – 30" \$30 each
- Over 30" \$40 each

TVs and monitors are accepted during Spring Cleanup at no cost (June 6 – 10, 2022), on normal collection days.

Note: Residents participating in City-provided solid waste collection may dispose of TVs and monitors of any type by putting them at the curb by 6AM on their normal collection day with the appropriate \$5 sticker(s). For more information on curbside pickup, visit Metro Waste Authority's website at WhereItShouldGo.com or call them at 515-244-0021. The TVs/monitors will be landfilled vs. recycled.

K3 Recycling is partnering with the City of West Des Moines in this collection event. If you have any questions, please call the Public Services Department at (515) 222-3480.

Clip & Save!

2022 Solid Waste EVENTS

FOR WEST DES MOINES RESIDENTS

Yard Waste and Annual Spring Cleanup events are available to all West Des Moines residents who are eligible for solid waste collection.

No paper shredding service will be provided by the City due to the variety of privately sponsored paper shredding events in our area throughout the year.



April 4

Yard Waste Collection

Begins on normal trash collection day

April 9

Scrap Tire Drop-Off

- 7:30 AM – 4 PM
- Public Services East Site: 560 S. 16th Street

May 19

National Public Works Week Celebration

- 4 – 7 PM
- Valley Junction

June 6 – 10

Spring Cleanup

On your normal trash collection day.

No appliances.

June 11

Scrap Appliance & Metal Drop-Off

- 8 AM – Noon
- Public Services East Site: 560 S. 16th Street

Sept. 10

Scrap Appliance, Metal Drop-Off

- 8 AM – Noon
- Public Services East Site: 560 S. 16th Street

Nov. 26

Yard Waste Collection Ends

Dec. 26 – Jan. 6, '23

Winter Yard Waste & Christmas Tree Collection

Household Hazardous Waste Disposal Options: Visit WhereItShouldGo.com
For more information, visit www.wdm.iowa.gov or call Metro Waste Authority at 515-244-0021.

these 5 don't belong

Our state-of-the-art Metro Recycling Facility is now open!
Now, Metro Waste Authority needs your help keeping these commonly found no-no items out of your Curb It! cart...



Diapers



Pizza Boxes



Plastic Film



Styrofoam



Clothing & Shoes



Check out a full list of accepted items at
www.WhereItShouldGo.com/RecyclingGuide.

KNOW WHAT BELONGS

Help Metro Waste Authority do something great with your yard waste by keeping the wrong things out of your bags and carts. The Compost It! program accepts small twigs and branches, leaves and lawn clippings, and any garden vegetation. Dirt, mulch, rocks, and food waste should be avoided!

Once collected, your lawn and garden debris are turned into Grow Gold Compost, a natural soil enhancer that can be purchased for your next home, garden, or landscaping project.

Learn more about the Compost It! program and what's accepted by visiting www.WhereItShouldGo.com/YardWaste, or call 515.244.0021.

WhereItShouldGo.com/YardWaste, or call 515.244.0021.



Metro Waste Authority
We Know Where It Should Go



THE SCOOP ON COMPOST



Spring has arrived, so now is the time to get your yard back in shape!

As you begin to make plans for your lawn and garden this year, be sure to add compost to your list. Using compost adds nutrients to soil, helps retain moisture, and reduces erosion. Plus, you'll weed and water much less!

Grow Gold Compost is a great, local compost option for all your lawn and garden needs. Since it's made of materials rich in nitrogen and carbon, it promotes healthy, lush plant growth without the use of chemical fertilizers. And it's made right here in the metro!

Grow Gold Compost is created at the Metro Compost Center at Metro Park East Landfill from yard waste collected through the Compost It! program. Once it arrives, the yard waste is ground, then turned and maintained for 9 to 12 months as it decomposes into the compost that's available for purchase.

There are three ways to purchase Grow Gold Compost:

- 1. Bulk:** Bulk compost sales are available at Metro Park East Landfill in Mitchellville. The minimum bulk purchase is 1 cubic yard, which is approximately enough to fill the back of a small pickup truck.
- 2. Bag:** Bag sales are available at Metro Northwest Transfer Station in Grimes or at Metro Park East Landfill in Mitchellville. The self-fill bags can hold approximately 2 cubic feet of compost.
- 3. Retailer:** Local landscape businesses and retailers sell and/or deliver Grow Gold Compost around the metro.

For more information about composting and how to purchase Grow Gold Compost, visit www.WhereItShouldGo.com/BuyCompost, or call 515.244.0021.



Metro Waste Authority
We Know Where It Should Go

All City service requests may be directed to the Online Service Desk at

www.wdm.iowa.gov/SeeClickFix

EMERGENCY 911

Non-Emergency Dispatch 515-222-3321

ADA Coordinator 515-222-3603

Aquatic Centers 515-273-0700

Ambulance Billing 515-273-0652

Animal Control 515-222-3364

250 Mills Civic Parkway

Animal Licenses See WestPet

Birth Certificates See Vital Records

Building Safety/Inspections.. 515-222-3630

developmentservices@wdm.iowa.gov

Business License Info. 1-800-532-1216

Jordan Cemetery 515-222-3444

Sales and Maintenance

Chamber of Commerce 515-225-6009

www.wdmchamber.org

City Attorney See Legal Department

City Clerk 515-222-3603

Business related licenses / voter registration

application

City Council 515-222-3610

City Hall 515-222-3600

4200 Mills Civic Pkwy

City Manager 515-222-3610

Claim for Damages 515-222-3600

Community Compliance

(Code Enforcement) 515-222-3480

publicservices@wdm.iowa.gov

Community & Econ. Development

..... 515-273-0770

ced@wdm.iowa.gov

County Websites

• Dallas County www.dallascountyiaowa.gov

• Polk County www.polkcountyiaowa.gov

• Madison County madisoncounty.iowa.gov

• Warren County www.warrencountyia.org

Death Certificates See Vital Records

Development Services

Building Division 515-222-3630

Engineering & Planning Divisions 515-222-3620

developmentservices@wdm.iowa.gov

Des Moines Area Regional Transit (DART)

Public Transportation 515-283-8100

dart@ridedart.com

Driver's License

• Dallas County 515-993-6992

• Polk County 515-244-1052

• Madison County 515-462-1542

• Warren County 515-961-1144

Election Office

• Dallas County 515-993-6914

• Polk County 515-286-3247

• Madison County 515-462-3914

• Warren County 515-961-1020

Electrical Service See Utilities

Emergency Medical Services (EMS)

..... 515-273-0768

EMS Billing 318 5th Street

CPR and Public Access Defibrillation Classes

ems@wdm.iowa.gov

Engineering 515-222-3475

Farmers Market (VJ Foundation)

..... 515-222-3642

Finance Department 515-222-3600

Fire and EMS Administration.. 515-222-3420

318 5th Street • fire@wdm.iowa.gov

Gas Service See Utilities

Hazardous Waste

Regional Collection Center 515-967-5512

Holiday Aquatic Center..... 515-273-0700

Housing Rehabilitation Program

..... 515-273-0770

Human Resources 515-222-3616

www.wdm.iowa.gov/jobs

Human Rights Commission... 515-222-3675

Human Services..... 515-222-3660

139 6th Street • humanservices@wdm.iowa.gov

Energy Assistance, Food & Clothing Pantry,

Homeless Prevention

Jobs (see Human Resources)

Library 515-222-3400

4000 Mills Civic Parkway • library@wdm.iowa.gov

Legal Department 515-222-3523

4200 Mills Civic Parkway

Marriage Licenses See Vital Records

Mayor's Office..... 515-222-3610

Metro Waste Authority 515-244-0021

Garbage, recycling and yard waste pickup

www.WherelItShouldGo.com

Motor Vehicle License Plates/Registration

• Dallas County 515-993-5812

• Polk County 515-286-3030

• Madison County 515-462-1542

• Warren County 515-961-1111

Nature Lodge..... 515-222-3424

Raccoon River Park 2500 Grand Ave.

One Call Underground Utility Lines

811 or 1-800-292-8989

Parks & Recreation..... 515-222-3444

parkrec@wdm.iowa.gov

Parking Violations (non-moving)

515-222-3600

Passports 1-877-487-2778

Permits

• Oversize Moving Permit

publicservices@wdm.iowa.gov.... 515-222-3480

• ROW/Excavation Permits (Sidewalk)

Engineering Services 515-222-3475

• Street/Lane Closures

publicservices@wdm.iowa.gov.... 515-222-3480

Planning & Zoning 515-222-3620

developmentservices@wdm.iowa.gov

Police Administration..... 515-222-3320

police@wdm.iowa.gov

Police/Fire/EMS/Dispatch (Westcom)

• Emergency 911

• Non-Emergency 515-222-3321

250 Mills Civic Parkway

Post Office 515-255-6471

430 5th St. WDM 50265 • usps.com

Property Tax

• Dallas County 515-993-5808

• Polk County 515-286-3060

• Madison County 515-462-1542

• Warren County 515-961-1110

Public Services..... 515-222-3480

publicservices@wdm.iowa.gov

Public Transportation See DART

Recycling – Curb It!

Metro Waste Authority

Missed Pickup/Questions..... 515-244-0021

Recreation Programs..... 515-222-3444

Rental Housing Inspector..... 515-222-3630

developmentservices@wdm.iowa.gov

Senior Citizen (Congregate) Meals

..... 515-274-0373

Westside Community Center, 134 6th Street

Sewer Stoppages/Repair..... 515-222-3480

publicservices@wdm.iowa.gov

Shelter Rentals (Parks & Rec) 515-222-3444

School Districts

• Norwalk

515-981-0676 • norwalkschools.org

• Van Meter

515-996-2221 • www.vmbulldogs.com

• Waukee

515-987-5161 • www.waukeeschools.org

• West Des Moines

515-633-5000 • www.wdmcs.org

Social Security Offices..... 800-772-1213

Street Light Outages

MidAmerican Energy..... 1-888-427-5632

Street Repairs/Cleaning..... 515-222-3480

publicservices@wdm.iowa.gov

Tickets Moving Violations

• Dallas County 515-993-5816

• Polk County 515-222-3772

• Madison County 515-462-1542

• Warren County 515-961-1032

Parking Violations (non-moving)

Finance 515-222-3600

Traffic Signals/Street Signs . 515-222-3480

publicservices@wdm.iowa.gov

Trash Collection 515-244-0021

Metro Waste Authority • WhereItShouldGo.com

Tree Planting Permits 515-222-3417

publicservices@wdm.iowa.gov

Utilities (MidAmerican Energy)

Gas & Electric 1-888-427-5632

EMERGENCY 1-800-595-5325

One Call Line Locator 1-800-292-8989

www.midamericanenergy.com

Valley Junction Activity Center

515-222-3440

Valley Junction Foundation.. 515-222-3642

Vehicle Registration

..... See Motor Vehicle License Plates/Registration

Vital Records

• Dallas County 515-993-5804

• Polk County 515-286-3161

• Madison County 515-462-3771

• Warren County 515-961-1089

Voter Registration

• Dallas County 515-993-6914

• Polk County 515-286-3247

• Madison County 515-462-3914

• Warren County 515-961-1020

Iowa Elections Division 515-281-8849

Water Treatment Plant 515-222-3465

1505 Railroad Ave.

West Des Moines Water Works

..... 515-222-3460

Water/Solid Waste, New Service, Service

Changes/Maintenance..... 1505 Railroad Avenue

www.wdmww.com • waterworks@wdmww.com

Westcom

• EMERGENCY 911

• Dispatch Non-Emergency..... 515-222-3321

WestPet..... 515-222-3600

Animal Licenses • www.westpet.org

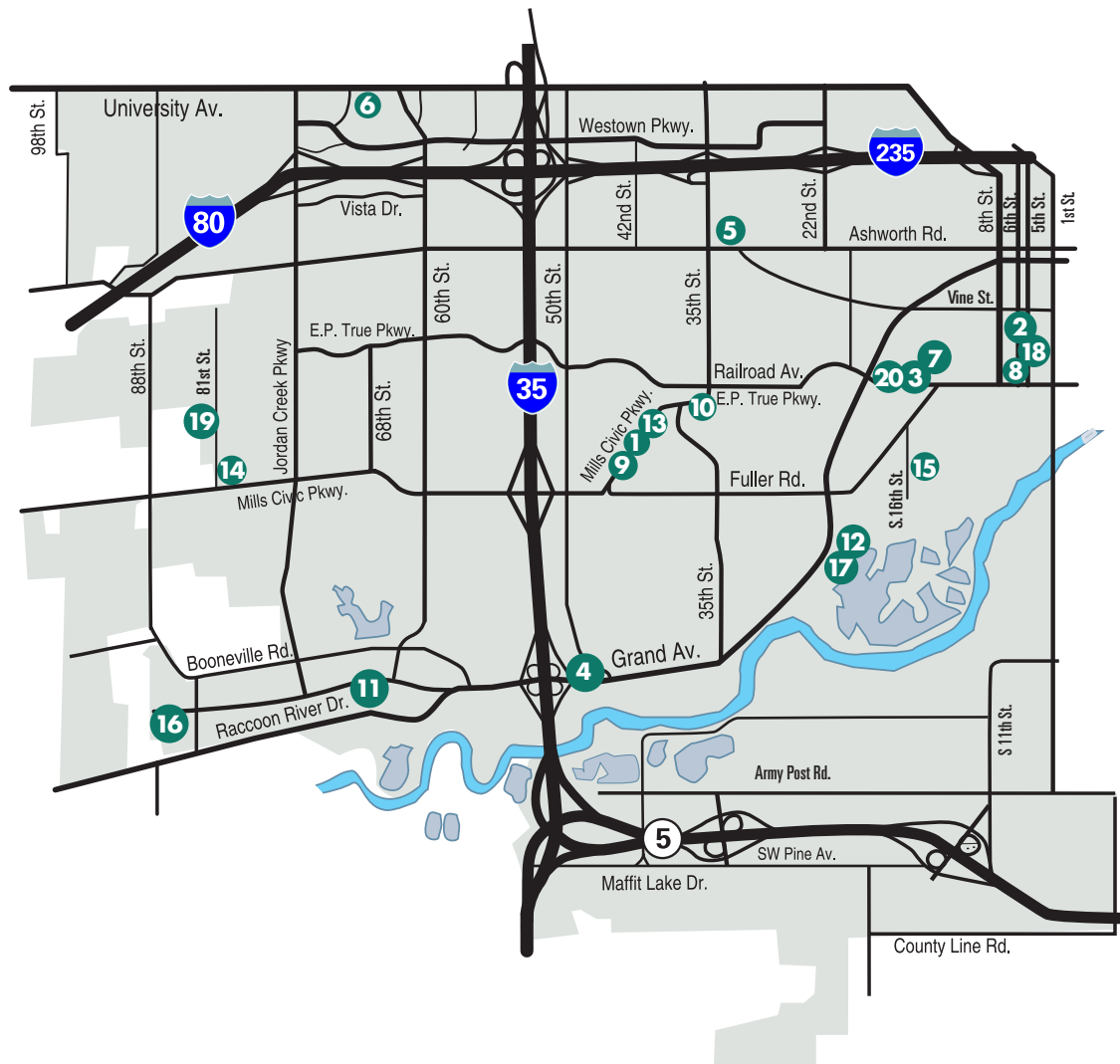
Yard Waste – Compost It!

Metro Waste Authority

Questions/Missed Pickup 515-244-0021

Persons with disabilities are encouraged to participate in City activities. Those individuals seeking City services and in need of special accommodations should either contact the department sponsoring the event or the ADA Coordinator at 515-222-3603.

WEST DES MOINES FACILITY MAP



- 1 City Hall**
4200 Mills Civic Pkwy
- 2 Fire and EMS Administration**
318 5th St
- 3 Fire Station #17**
1401 Railroad Ave
- 4 Fire Station #18**
5025 Grand Ave
- 5 Fire Station #21**
3421 Ashworth Rd
- 6 Fire Station #22 (Westside)**
1801 68th St
- 7 Holiday Aquatic Center**
1701 Railroad Ave
- 8 Human Services**
139 6th St
- 9 Jamie Hurd Amphitheater**
4100 Mills Civic Pkwy
- 10 Law Enforcement Center**
250 Mills Civic Pkwy
- 11 MidAmerican Energy Company RecPlex**
6500 Grand Ave
- 12 Nature Lodge**
2500 Grand Ave
- 13 Public Library**
4000 Mills Civic Pkwy
- 14 Public Safety Station #19**
8055 Mills Civic Pkwy
- 15 Public Services East**
560 S 16th St
- 16 Public Services West**
8850 Grand Avenue
- 17 Raccoon River Park Boathouse**
2500 Grand Avenue
- 18 Valley Junction Activity Center**
217 5th St
- 19 Valley View Aquatic Center**
255 S. 81st St
- 20 Water Works Plant**
1505 Railroad Ave





Home Fire Safety Inspection

How fire-safe is your home? A fire can occur in any part of your home. Fortunately, there are several precautionary actions you can take to protect yourself and others from fire. Take a good look around your home for fire dangers and address the problem. Use this home checklist for a self-guided fire safety inspection of your home. (All your answers should be yes.)

SMOKE ALARMS AND CARBON MONOXIDE ALARMS

- Do they work?
- Have you changed the batteries this year?
- Are your alarms clean?
- Have you replaced them within the last ten years?
- Is there a smoke alarm in each bedroom and on each level of the home?
- Is there a carbon monoxide alarm on each level of the home?



KITCHEN

- Are things that can burn kept away from the stovetop?
- Does an adult stay in the kitchen when cooking?
- Do you have a "kid free zone" of at least three feet around the stove?

ELECTRICAL

- Are electrical outlets not overloaded?
- Are electrical cords in good condition with no cracks or frays?
- Are cords not running under rugs and across doorways?
- Do all outlets have cover plates?
- Are major appliances (refrigerator, stove, washer, dryer, microwave, etc.) plugged directly into a wall outlet and not an extension cord?

HEATING EQUIPMENT

- Is there 36 inches of clearance around your furnace, water heater and dryer?
- Is your heating system and chimney checked by professionals once a year?
- Are portable space heaters 36 inches away from anything that can burn?

SMOKING MATERIALS

- Are matches, lighters and smoking materials kept out of reach from children?
- Are deep, sturdy ashtrays provided for smokers?
- Do you prevent smoking near medical oxygen?

OUTSIDE

- Is the address visible from the street during the day and night?
- Has a safe family meeting place outside been established?
- Do you know that West Des Moines does not allow open burning or recreational fires that produce smoke?

OTHER

- Is a working multi-purpose fire extinguisher kept on hand and occupants know how to use it?
- Do you have two ways out of your home?
- Is clutter removed from all exit passageways?
- Are candles placed 12 inches from anything that can burn?
- Are flammable liquids stored in tight metal containers?
- Are rags stored away from flammable liquids?

This home checklist is just a summary of home fire safety. For more detailed information on any of these topics, contact the West Des Moines Fire Department at 515-222-3428.

2022 Sidewalk Program

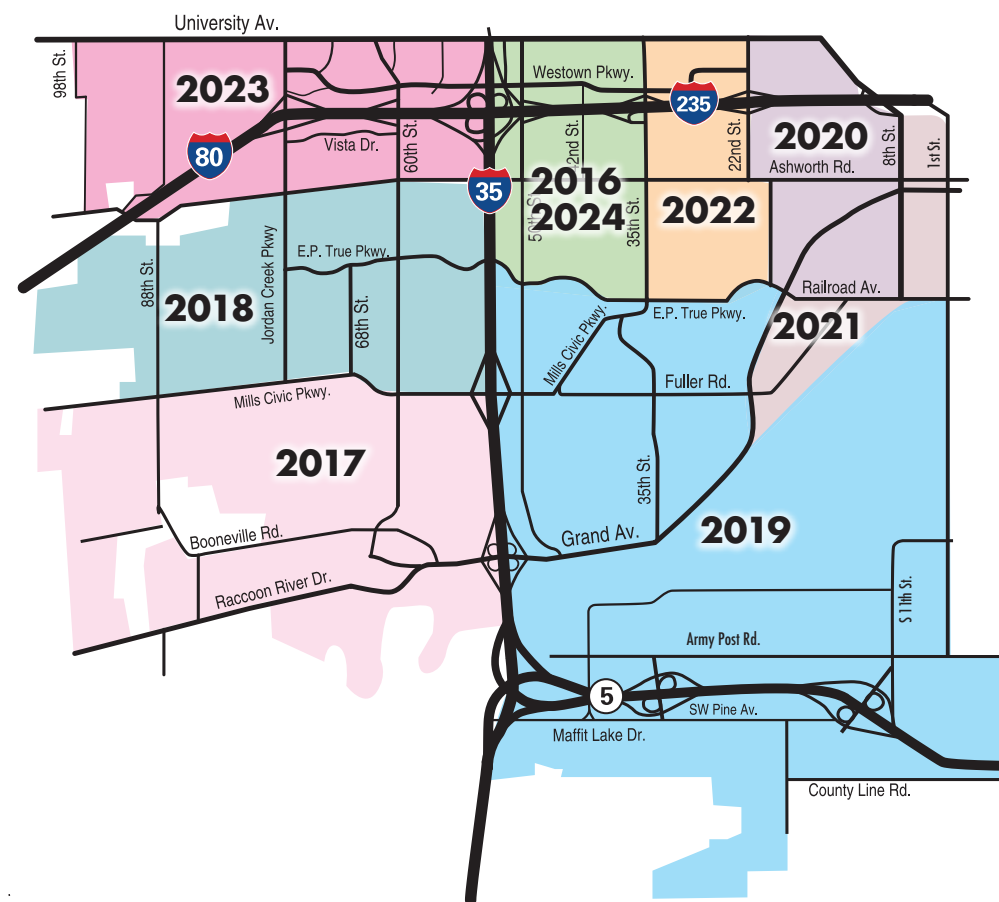
The City of West Des Moines offers excellent transportation and pedestrian infrastructure for vehicles, bicycles and pedestrians.

Our annual Sidewalk Program is an important service that allows City staff the opportunity to review the condition of existing sidewalks throughout the City on a rotating basis every eight years. This map indicates the areas and schedule for inspection of sidewalks throughout the City.

Notices of defective sidewalks are sent to the owner of record according to the County Assessor's office. If the property is a townhome or condominium complex, the

Registered Agent will be sent the notice according to the Secretary of State's office. The property's responsible party has the option to repair individual sidewalk defects on their own, or they can elect to have their sidewalks included in the citywide repair project. If repairs are not made within the period of time specified in the notice (generally 75 days), the City will proceed with the identified repairs and bill the property owner or responsible party.

This sidewalk program helps protect pedestrians who actively use the sidewalks, as well as assisting property owners by identifying potential liability issues. More information is available on the City's website.



WDM PUBLIC ARTS

"Limelight" Shines in Valley Junction

Installed in the fall of 2021, "Limelight" was commissioned by the Public Arts Advisory Commission to celebrate Valley Junction. The Commission wants every person who experiences this specific commissioned artwork to feel a sense of excitement and connection to the community and hopes that residents and visitors will be enticed to engage with the artwork and feel alive in its presence.

Artist Tim Adams (Webster City) proposed, designed, fabricated, and installed "Limelight". The public was asked to submit ideas for the name of the artwork. Over 50 suggestions were submitted, with "Limelight" picked as the official name. Adams intentionally refrained from giving the artwork a description, desiring that each viewer interpret the artwork in their own way.

"Limelight" is in the walkway on the west side of the 200 block of 5th Street.



10th Annual ART ON THE CAMPUS Temporary Exhibit

Make sure to take a stroll around the WDM City Campus Pond to view the artwork in the 2022 Art on the Campus exhibit. The twelve-piece exhibit runs from April 15 through November 15. You can learn more about the selected artwork and artists at www.wdm.iowa.gov/AOC.

2nd Annual WDMurals Temporary Exhibit

The first year of WDMurals, a temporary, outdoor exhibit that includes murals painted on the entrance and exit walls of 4 underpasses along trails in West Des Moines, was a great success in 2021. We are excited to see the 2022 exhibit come together. This year's theme is "Walk & Roll", and the selected murals depict how trails are used in our community. Artists will be painting the murals during the last two weeks of May. Once painted, you can find more details about the murals and selected artists at www.wdm.iowa.gov/WDMurals.



HOW IS PUBLIC ART FUNDED?

Annual funding for public art in West Des Moines comes from hotel-motel tax revenue dedicated by the City Council for that purpose.

If you are interested in serving on the West Des Moines Public Arts Advisory Commission, please contact the West Des Moines City Clerk at 515-222-3603 to request an application.



BECOME A WDMHS MEMBER TODAY

THE WEST DES MOINES HISTORICAL SOCIETY IS A PRIVATELY FUNDED NONPROFIT INSTITUTION THAT RELIES ON THE GENEROSITY OF ITS FRIENDS AND SUPPORTERS. HELP US PRESERVE THE LEGACY OF WEST DES MOINES HISTORY THROUGH MEMBERSHIP.

515.225.1286    wdmhs.org

Guided Public Tours of the Historic Jordan House Museum

Jordan House Museum tours require a pre-purchased ticket. Tickets can be purchased at wdmhs.org.

All visitors and tour guides at the Jordan House Museum are required to wear masks during the tour. If you do not have a mask, one will be provided for you.

Days: Fridays & Sundays Fees: Ages 5+ \$5
Times: 11 am & 1 pm Ages 5 & under Free



New Exhibit Coming Soon

A new exhibit featuring historic quilts and an online fundraising auction will soon be an exciting new addition to the West Des Moines Historical Society. Follow on Facebook for more details as they are released.

Member Mondays

WDMHS members can schedule a private experience at the Jordan House Museum, including a self-guided tour between 11 am and 2 pm. Call 515.225.1286 for more information or to schedule your Member Monday.

Make 2022 Your Year to Volunteer

Volunteers are welcomed to assist with projects including the ongoing collections and inventory project, gardening and yardwork, and to serve on committees which plan programs and events.

Book the Jordan House for Your Next Meeting

The Jordan House and Bennett School are available to rent. Rentals include a tour of the building for your group. Call us today at 225.1286 for more details and to schedule your event today!



WDM SHADE CRUSADE 2022

Residential Tree Sale



Join the City in our crusade to increase West Des Moines' tree diversity and urban tree canopy! Native trees (valued at approximately \$60-\$120 each) are being made available to West Des Moines residents for only \$30 per tree. The remainder of the cost of the trees will be paid by the City through a grant from Microsoft Corporation. A 50% discount is available to qualifying low-income residents. To learn more about the discount, call West Des Moines Human Services at 515.222.3660.

All purchasers must be West Des Moines residents and must agree to plant the tree(s) on residential property within City limits. Only 2 trees can be purchased per residence.

1. Go to www.wdm.iowa.gov/ShadeCrusade before April 22 to select and purchase your tree(s) for \$30 each. The sooner you purchase, the better your chance of receiving your tree of choice.

2. Contact Iowa One Call by dialing 811 or by going to www.iowaonecall.com/ homeowners by April 29 to set up a time to schedule underground utility locates on your property.
3. Your tree will be delivered to you the week of May 2-6.
4. Plant your tree(s) as soon as possible, and water them often.

To learn more about the available tree species and **WDM Shade Crusade 2022**, go to www.wdm.iowa.gov/ShadeCrusade

BACK BY POPULAR DEMAND

**Tree deliveries will be made
to your residence
the week of May 2-6.**

Forestry Update

It is likely too late to treat ash trees for the emerald ash borer (EAB) if they have not been on a treatment schedule. The population of the pest is at a level where trees that still appear to be untouched in May could be all but dead by October.

Property owners with untreated trees should contact several tree removal contractors for quotes. Branches and limbs on dead ash trees are prone to failing without warning and are therefore extremely dangerous. Public Services staff have been treating over 900 public ash trees and have not lost one to the beetle. If you've been using the injection treatment for your ash tree, continue to do so to ensure the tree remains healthy.

In 2018, the City invested in its urban tree canopy when it held the first Shade Crusade residential tree program. This past spring marked the 4th year of offering residents high quality trees at a very reasonable price. To date, 1,357 trees have been established throughout the City thanks to this initiative. Although winter isn't quite over, staff is already coordinating the 2022 Shade Crusade program.

Our tree canopy has experienced many setbacks in the past few years, so every tree planted helps to counter the losses. Matching the species to the site is without a doubt the most important decision in tree selection. Staff selects species that will fit a variety of available spaces. If you have a small lot or at least a small available

space for a tree, you probably should not be selecting a tree that develops a wide crown such as an oak. In that case, trees with narrower canopies, such as red bud or ironwood, should be chosen.

Another site-related decision is available daylight. Trees planted on the north and east sides of houses or near other established trees will need to have some level of shade tolerance. Species specific information is provided on the City's Shade Crusade website page.

So, fast forward to May of 2022. Your tree has been delivered and after the call to Iowa One Call for underground utility locates, it's time to plant. I heard this tip a long time ago pertaining to care a tree should receive throughout its life: Plant it and THEN GIVE IT A NAME! You're more likely to love and care for "Fred" the Red Bud than that silly tree I planted that I now am forced to mow around.

I'm retiring soon so this will be my last WDM Magazine contribution. I want to go out by encouraging WDM residents to plant trees! The rewards are numerous, but most importantly, you will have a cherished companion for life.



John Olds
Urban Forestry Supervisor

Community Compliance Corner

West Des Moines neighborhoods, and City Code requirements, are a reflection of the pride our residents take in our beautiful City. The top three code violations reported are tall grass/weeds, junk/debris, and overgrown trees/bushes.

Once all the snow melts away, our Community Compliance Specialists will be on the lookout for these and other code violations and will work with residents to help ensure issues not in compliance with City Code are addressed.



Junk in general should be properly removed from the property and placed on the adjacent right of way per solid waste collection schedules. Items will need to have the appropriate solid waste stickers.



Weeds, grass, or vegetation that exceed height limits.



Trees and shrubs must have vertical clearance of:

- eight feet (8') between the surface of a sidewalk, trail or other pedestrian way and the lowest branch, and
- fourteen feet (14') from the surface of a street to the lowest branch.

If you have a code compliance concern, please contact 515-222-3480 during regular business hours or report it via **SeeClickFix** on the City's website or your mobile device.

SCRAP TIRE DROPOFF

Saturday, April 9, 2022 | 7:30 AM – 4:00 PM

The City of West Des Moines, in partnership with Metro Waste Authority, can help you dispose of old tires legally and free of charge. A Residential Scrap Tire Collection drop-off is being offered on Saturday, April 9, 2022, from 7:30 AM to 4:00 PM at the **Public Services East facility at 560 S. 16th Street.**

Here are the rules:

- Maximum of five (5) tires per household (no rims)
- No scrap tires generated by any business
- No large semi-trailer, farm or tractor tires
- No solid tires such as lawnmower, forklift or golf car tires
- No tires containing hazardous materials



This tire collection is open to West Des Moines residents only. If you have any questions, please call Metro Waste Authority at 515-244-0021 or Public Services at 515-222-3480.

If you're not able to make this **free** event for disposing of tires, you do have options!

Metro Waste Authority has year-round drop-off containers at several locations. Visit WhereItShouldGo.com or call them at 515-244-0021.

Illegal dumping and stockpiling of used tires can create serious health and safety risks. In Iowa, it is illegal to dump tires, and non-shredded tires are banned from landfills.



METRO NORTHWEST TRANSFER STATION: YOUR ONE-STOP SHOP ON THE WEST SIDE

As we dip our toes into some warmer weather, spring cleaning doesn't seem like as much of a chore!

Metro Waste Authority's Metro Northwest Transfer Station is open every second Saturday of the month from April to November.

The following services are available from 8 AM to noon:

- Residential Garbage Drop-Off
- Household Hazardous Waste Drop-Off
- Free Recycling Drop-Off
- Compost for Purchase (by the bag)



2ND SATURDAYS

____ DROP-OFF RESIDENTIAL TRASH ____

____ DROP-OFF RECYCLABLES ____

____ DROP-OFF HAZARDOUS WASTE ____

____ PURCHASE COMPOST ____

Learn more about what's accepted by visiting metro waste authority's website at www.WhereItShouldGo.com/SecondSaturdays



2022 SPRING CLEANUP June 6-10

Occurs for West Des Moines residents
on their regular garbage pick-up day

Rid your home of
items that do not fit
in your garbage cart!

Simple Spring Cleanup Rules

Garbage Limit:

You can set out as much as will fit in the bed of one pickup truck.

If more than one truckload is set out, the entire pile will be left for the property owner to dispose of.

Weight limit:

If it's reasonable that two people could lift the item, then it's accepted.

What items ARE accepted?

Household items that don't fit in your cart, such as:

- **Carpet**
(up to 4 ft. length x 18" dia.)
- **Couches and End Tables**
- **Fans and Lamps**
- **Grills**
(with propane tank removed)
- **Mattresses**
- **TVs / Monitors**

Please see next page for a listing of items that are NOT accepted during Spring Cleanup



Spring Cleanup is available to all West Des Moines residents who are eligible for City provided solid waste collection. Appliances are not accepted.

If you're unsure whether an item is accepted, call Metro Waste Authority's solid waste hauler, Waste Connections, at **(515) 265-7374** and ask!

Make sure your items are to the curb for pickup on your normal garbage collection day during the week of June 6 – 10, 2022.

Per City code, items should be placed at the curb no earlier than 5:00 p.m. the day before pickup and by 6 a.m. the day of pickup.

Although it's tempting to put items out earlier, doing so could result in a violation, and you may find yourself cleaning up after people who help themselves to your items.

These items will NOT be accepted:

Bagged or boxed items

(These may be put in your garbage cart year-round or with a \$1.00 Extra Trash sticker.)

- Animal Carcasses

- Appliances

- Air Conditioners
- Dehumidifiers
- Dishwashers
- Dryers
- Freezers
- Furnaces
- Microwaves
- Refrigerators
- Stoves
- Washers
- Water Heaters

- Asphalt shingles over 40 lbs. in total weight

- Banned substances such as:

- Lead
- Acid
- Batteries
- Waste oil
- Explosive material
- Any other toxic or hazardous substance
- Medical waste
- Drugs
- Paint
- Poisons
- Highly combustible material

- Concrete chunks (ALL SIZES)

- Glass – no windows, mirrors, doors

- Home improvement or landscaping items

- Propane tanks

- Tires

- Vehicles and/or major auto parts

- Wooden playsets, fencing

- Yard waste

Please Note: If items are not hauled away by the solid waste hauler because they are unacceptable (i.e. appliances, bagged/boxed items) or if they are not at the curb by 6:00 a.m. the day of pickup, it is the resident's responsibility to properly dispose of these items using normal solid waste guidelines. This also applies to unfortunate incidences of items being dropped off by others.

Residents are responsible for all items on their property.

What to do with your:

Appliances?

Take them to one of the two Scrap Appliances & Metal Drop-Off events offered by the City:

**Saturday, June 11th
September 10th**

8AM – Noon
Public Services East Site
560 S. 16th Street

Televisions & Monitors?

You can always put them out on your garbage pickup day with extra/large item stickers
Under 35" – (1) \$5 sticker
35" and Over – (2) \$5 stickers

Call Waste Connections at
265-7374 to arrange pickup.

Tires?

Bring to the next Scrap Tire Drop-Off event

**Saturday,
April 9, 2022**

Public Services East Site
560 S. 16th Street

Other Items?

Go to: **WhereItShouldGo.com**
and type most any item in the "search" for disposal options!



SUPPORTING QUALITY OF LIFE

The West Des Moines Community Foundation (WDMCF)

was created in 2007 by a group of dedicated WDM residents to make a positive impact in our community. The WDMCF partners with the City, the West Des Moines Chamber, local charities, private businesses, and WDM residents to provide funding to areas of our community most in need. To date, the Foundation has received and distributed over \$1 million to support artistic, cultural, recreational, historic, social, and natural resources that benefit the residents of WDM.

Grant Submissions Reviewed Quarterly

The Foundation serves as a catalyst for specific community projects and a champion for promoting quality of life within our city.

Non-profit organizations serving citizens in West Des Moines are eligible to submit a grant to the WDMCF. Grants are reviewed on a quarterly basis by the WDMCF Board of Directors, and awarded on a selective basis, according to established bylaws and policies.

We need your help!

Donations (of any size) are always welcome and can be made to a variety of funds depending on the goals of the donor. We have a General Passthrough fund to support broad needs but also special interest funds such as Arts & Culture and Recreation and Trails. These separate funds provide donors with options of specific areas of the community they would like for their donation to benefit.

WDMCF funds:

- General Pass-through Fund
- Special Interest Fund: Arts & Culture

- Special Interest Fund: Recreation & Trails
- Endowment Fund – maximum of 5% of endowment funds are available on an annual basis
- Quality of Life Fund

Donating to the WDMCF is a wonderful way to give back to the community and will help to preserve and improve the quality of life in West Des Moines for generations to come. The distribution of funds is board directed, but we are always eager to work with donors to effectuate their giving goals and desires.

Questions:

For questions and grant requests contact Robert Palmer, WDMCF Board President, at contact@WDMCF.org. Nonprofit organizations directly serving citizens in WDM are eligible to apply.

WDMCF Board of Directors:

Mike Abbott
Tom Cox
Wade Den Hartog
John Marshall
Matt McKinney
Robert Palmer
Brett Peterson
Kathleen Till Stange
Emily Whitmer

Ex-Officio Members:
Jamie Letzring,
Deputy City Manager

Sally Ortgies,
Director of Parks & Recreation



Donation to Can Play Sports.



WDM PUBLIC LIBRARY

Mission Statement: The West Des Moines Public Library enriches the quality of life of community residents by providing convenient, timely and equal access to information and ideas. The library is committed to offering engaging activities, opportunities for personal and professional growth, promoting the love of reading and learning while remaining responsive to the changing needs of the community.

Dear Library Users....

I'm told this will go to press in February 2022 and, by then, we will have passed the halfway point for both the fiscal year and the school year; I hope the 2021-22 downhill run is going well for West Des Moines families and library users.

Please notice as you look through these updates all that we're continuing to do to get the library "out there." If there's one lesson we've taken from the COVID era, it's that a little distance and decentralization can be a good thing. You can download a streaming or e-content app onto a phone or device, listen to a podcast, visit a self-service kiosk, download a free museum pass, attend a Zoom event: these are all things that our users can do now that perhaps they couldn't before we learned (as so many libraries have) that saving the user's time sometimes dovetails with saving their gasoline, too. Let us know if you want to learn more about any service you see here.

— Darryl Eschete & The WDM Library Staff



Listen to Library Podcast

In This Day and Page is a new podcast created by the West Des Moines Public Library with the goal of sharing all the different library resources, services, and programs we offer! Through staff and community member interviews, join us as we explore the ins and outs of the library world. Look out for a new episode every other week on all major podcast platforms. www.anchor.fm/wdmlibrary

Valley Junction 24-Hour Library Kiosk



**24-Hour Library Kiosk, 217 5th St,
West Des Moines, IA 50265**
Enter via the 4th St. parking lot.

We are closing in on the one-year anniversary of the self-service library kiosk located behind the Valley Junction Activity Center. We were delighted to see the usage of the kiosk increase steadily over the first year as it became part of the Valley Junction community. The 235-item vending-style machine allows patrons to browse, select, check out and return library materials 24 hours a day. In order to use the kiosk, you must have a West Des Moines Public Library card in good standing.

Book Buy Book Program

Through the years the West Des Moines Public Library's collection has been built book by book. Now the challenge is to keep it current, up-to-date and a vital community resource – Book Buy Book.

We invite you to participate in our Book Buy Book program with a gift to the Library. Just a \$25 contribution provides your library with another resource!

\$25 = 1 book **\$50** = 2 books **\$75** = 3 books

How to help:

1. Select a book category you'd like the library to purchase from (children's, young adult, adult, area of greatest need, etc.) and include it in your envelope.
2. Include a note stating how the book plate should be personalized. (ie. donated by, in honor of, in memory of...)
3. Make your check payable to the West Des Moines Library and return it to the address below either in-person or by mail:

West Des Moines Public Library

Attn: Susan Greenwood • 4000 Mills Civic Parkway • West Des Moines, IA 50265

**BOOK
BUY
BOOK**



ONE PASS, MANY ADVENTURES

WDM and Cumming residents with a WDM card in good standing may check out passes to five local attractions: The Blank Park Zoo, Brenton Skating Plaza, DSM Children's Museum Greater Des Moines Botanical Gardens, Reiman Gardens, and Science Center of Iowa. www.wdmlibrary.org/AdvPass



Hoopla Digital offers access to eBooks, Audiobooks, Comics, Movies, TV, and Music – all streaming 24/7 (no holds). WDM and Cumming residents with a WDM library card in good standing may check out a set number of items per month. Go to their website or download their mobile app. Create a free login using your WDM Library card number and start downloading. Use the Help function inside the app to contact Hoopla for immediate assistance OR email WDM library staff. hoopladigital.com|library@wdm.iowa.gov



Kanopy is a video streaming service that provides instant access to thousands of critically acclaimed movies, documentaries, and Kids favorites. They partner with studios like A24, The Criterion Collection, PBS, and more to bring your library access to thoughtful entertainment. Available to WDM and Cumming residents with a valid WDM Library Card, you get a set amount of credits per month. Many titles (especially Kanopy Kids content) are credit-free to stream as often as you like. Stream Kanopy on any of your favorite devices: desktop, mobile and tablet apps for iPhone and Android, as well as SmartTV apps like Roku, Apple TV, and Fire Stick. www.wdmlibrary.kanopy.com



Flipster is a digital magazine service available to WDM Library cardholders. You can use your computer, mobile device browser, or the Flipster mobile app to download and read current magazines. www.wdmlibrary.org/flipster



WDM Library Summer Reading Club is BACK! May 23 - July 30, 2022

Our annual Summer Reading Club will be back and bigger than ever this year! Everyone who registers (yes, adults, too!) will get an exclusive WDM Library Summer Reading tote bag or reading journal, a fine forgiveness coupon AND a coupon for a free item from our year-long Book Sale. You'll track your reading through the handy Beanstack app. Readers of any age who log more than 30 reading days will be entered to win exciting raffle prizes at the end of the summer! Keep an eye on our website to hear about when registration opens—you won't want to miss out! wdmlibrary.org/events/reading-challenges

New Upcoming Series! Literacy at the Library

While we might think of "literacy" as simply knowing how to read, literacy also means knowledge on a particular subject or field. Would you like to become literate in certain music genres? Learn how to "read" a prairie? Become a craft beer expert?

Once a month, our series of events will explore interesting new topics or work to deepen your understanding. We'll have a lineup of presenting speakers who know their topic inside and out while staying engaging (and fun!) Many topics will also include a follow-up, hands on portion where you can try a new skill or get more in-depth learning.

We'll kick off the series in April 2022 with our first topic: **Financial Literacy**. Keep your eyes peeled for more information on our online calendar.
wdmlibrary.org/events

SUPPORT PROGRAMS AND SERVICES WHEN YOU JOIN THE FRIENDS!

Our community library is fortunate to have the support of the Friends Foundation – a volunteer-based, non-profit organization. Each year, the Friends contribute \$12,000 to library programming for all ages.

Friends Memberships also funded these special projects:

- Teen Center • Rotating Outreach Collection
 - Outreach Van • Tale Trail
- Charging Stations • iPads • Artwork
- Valley Junction Kiosk • and More!

★ YOUR DONATION IS TAX DEDUCTIBLE! ★

Follow the Friends on Facebook & Instagram
@wdmlibraryfriends

WDM Library Friends Foundation
4000 Mills Civic Pkwy, WDM, IA 50265.
515.222.3407
wdmlibrary.org/about/friends-foundation



WDM Library *services*

All services are **free** unless otherwise indicated.

GET A LIBRARY CARD... IT'S FREE! Present valid ID with proof of current address. For more information, please visit wdmlibrary.org/library-account/get-a-card

• CHECK YOUR ACCOUNT BY PHONE OR ONLINE

515-225-1576 ■ wdmlibrary.org/my-account

• FIND REFERENCE TOOLS AND DATABASES

In the library and/or from home.

515-222-3403 ■ wdmlibrary.org/databases

• ACCESS E-BOOKS, AUDIOBOOKS, VIDEO & MORE

515-222-3403 ■ wdmlibrary.org/digitallibrary

• RESERVE PUBLIC MEETING & STUDY ROOMS

515-222-3400 ■ wdmlibrary.org/reserveroom

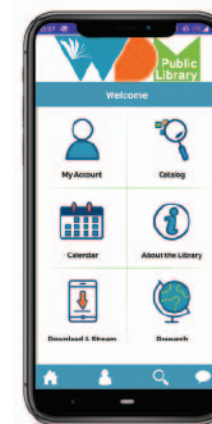
• REQUEST HOMEBOUND DELIVERY

515-222-3400
wdmlibrary.org/services/outreach

• VOLUNTEER

515-222-3400
wdmlibrary.org/about/volunteer

Download Library Mobile App



To find the West Des Moines Public Library app, search for "WDM Library" or "West Des Moines Public Library" in your app store. The app is free. To use functions like holds and account info, you will need your WDM Library Card and pin. App users can search the library catalog and reserve items, add one or more library accounts to their device, view and register for events at the library, access online learning resources, and much more! Download on iOS and Android.

FOLLOW US ON SOCIAL MEDIA!



WDM Human Services

"The ♥ of the Community"

WDM Human Services provides necessary assistance to qualifying low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, and emergency financial assistance are a few of the critical services provided. To learn more, visit our website or call 515-222-3660.

EMERGENCY FINANCIAL ASSISTANCE

Financial assistance available to eligible West Des Moines residents who are facing an eviction or utility disconnection. Outreach staff assess the situation and work to ensure the needs of the household are being met.

DMARC FOOD PANTRY

Food and personals available on a monthly basis.

ANYTIME ITEMS PROGRAM

Bakery goods, fruits, vegetables and more available weekdays at 8:30 am, rain or shine. Distribution is outdoors at the SE corner of our building.

CLOTHING CLOSET

Free clothing, shoes and housewares for qualifying households.

ENERGY ASSISTANCE

LIHEAP (Low-Income Home Energy Assistance Program) provides a one-time annual credit on energy bills for eligible households. Program runs from October through April.

HANDYMAN SERVICES

Mowing and snow removal services available to income-eligible WDM senior and disabled residents.

FREE MEDICAL CLINIC

Basic medical care and management of chronic medical conditions to uninsured or under-insured individuals; all on-site services provided free of charge. The clinic is a member of Free Clinics of Iowa, the largest network of free medical clinics in the state of Iowa and a donor-supported, not-for-profit organization.

HOLIDAY ASSISTANCE

Variety of programs available to WDM residents to help alleviate the financial burden of the holiday season for qualifying households.

SKILL DEVELOPMENT CLASSES

English Language Learner (ELL) classes offered from September through May. Financial Coaching Services also available.

YOUTH RECREATION ASSISTANCE

Financial assistance to WDM youth participating in activities offered through WDM Parks & Rec. Annual school supply distribution in August.

Please visit our website for a full listing of available programs as well as income and service area guidelines for each program:
www.wdm.iowa.gov/HumanServices

Partner with WDM Human Services to help our neighbors in need!

WDM Human Services Current Needs

Personal Pantry

Each month WDM Human Services assists approximately 375 low-income households with personal care products. We need your help to meet the needs in our community. The following items are needed on an on-going basis:

- Laundry detergent
- Shampoo and Conditioner
- Deodorant
- Feminine hygiene products
- Toilet Paper
- Toothbrushes and toothpaste
- Diapers (esp. larger sizes)
- Soap

Clothing Closet

Our clothing closet is in need of new or gently used, children's, teen, and adult clothing and shoes for the current season. We also need towels, sheets, blankets, toys and small household items. Clothing Closet donations are accepted Monday through Friday, 8:30 am – 3 pm, at 139 6th Street in West Des Moines. Donation receipts are available.

Volunteer Today!

Volunteers are needed in the Clothing Closet, Food Pantry and for ELL classes at West Des Moines Human Services. Opportunities are available Monday through Friday between 8:30 am and 3 pm. Convenient location in Valley Junction neighborhood. Must be 14 years or older. To learn more, please contact Mindy Hotovec at (515) 222-3663 or visit www.wdm.iowa.gov/HumanServices.

Financial Coaching

West Des Moines Human Services is now offering financial coaching services at their office. A financial counselor from the Polk County Financial Empowerment Center is available on Tuesdays between 9 am and 4 pm to provide in-person counseling at no cost. One-to-one remote financial counseling is also available. If you are looking to talk to someone about your finances, this is a great educational opportunity! To schedule an appointment, go to <https://www.empowermoney.org/book>.



SPRING | SUMMER 2022

WDM Parks & Recreation

PROGRAM GUIDE



Registration Dates

Residents: March 1

Non-residents: March 8



We provide our community everyday enjoyment through people, parks, and programs.

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RECREATION POLICIES

RECREATION PROGRAM REFUND POLICY

1. Full refunds will be given if the request is submitted no later than 7 days prior to the program start date.
2. Refund requests submitted less than 7 days before the start date will be charged a \$10 withdrawal fee.
3. Requests for refunds submitted after the event start date or completion of the program will not be considered.
4. Please allow 2-3 weeks to process a check refund for payments originally made by cash or check. No cash refunds will be given.
5. Payments made by credit/debit card will be refunded back to the original credit/debit card.
6. The Recreation Program Refund Policy does not apply to travel programs or adult sport leagues.
7. Refunds for medical situations will be considered on a case by case basis.

Please call the West Des Moines Parks and Recreation Administrative Office at 515.222.3444, Monday-Friday, 8am-5pm to request a refund.

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

Fee discounts are available for WDM residents meeting assistance guidelines. Contact WDM Human Services at 515.222.3660.

The Parks and Recreation Department will not tolerate bullying* in any youth program or activity, and staff will do all they reasonably can to create a safe space for participants, regardless of an individual's actual or perceived age, color, creed/denomination, national origin, race, religion, marital status, sex, sexual orientation, gender identity, physical attributes/appearance, physical or mental ability or disability, ancestry, political belief, socioeconomic status, or familial status.

* For the purposes of this statement, bullying is defined as the unwanted, aggressive use of physical, social or mental/intellectual power to control, harm or humiliate another person in a repetitive or pervasive manner.

A fee of \$5 will be charged for each registration change made after participants are enrolled in the program.

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks and Recreation Department at least 48 hours in advance.

FACILITIES

Administrative Office at WDM City Hall	4200 Mills Civic Parkway	515.222.3444
Crossroads Park Tennis Courts*	5205 Ashworth Road	515.222.3444
Holiday Aquatic Center*	1701 Railroad Avenue	515.273.0703
Holiday Park Baseball Complex*	1701 Railroad Avenue	515.222.3454
Jamie Hurd Amphitheater*	4100 Mills Civic Parkway	515.222.3444
Jordan Cemetery	2950 Fuller Road	515.222.3444
MidAmerican Energy Company RecPlex*	6500 Grand Avenue	515.440.4820
Raccoon River Park Archery Facility	2500 Grand Avenue	515.222.3424
Raccoon River Park Boathouse	2500 Grand Avenue	515.440.4787
Raccoon River Park Dog Park	2500 Grand Avenue	515.222.3424
Raccoon River Park Nature Lodge*	2500 Grand Avenue	515.222.3424
Raccoon River Park Softball Complex*	2500 Grand Avenue	515.222.3454
Valley Junction Activity Center*	217 5th Street	515.222.3440
Valley View Aquatic Center*	255 81st Street	515.273.0707
Valley View Park Fields*	225 88th Street	515.222.3444

*Rentable Facility

RENTABLE SHELTERS

Reservations Begin	Shelter Rental Season	Rental Rate
January 1	Apr. 15 - Oct. 15	4 Hr Min @ \$10/Hr

American Legion Park Shelter	301 Vine Street
Brookview Park Shelter	400 81st Street
Crossroads Park Shelter	5205 Ashworth Road
Fairmeadows Park Shelter	543 22nd Street
Pearson Park Shelter	256 19th Street
Raccoon River Park Shelters	2500 Grand Avenue
Valley View Park Shelter	225 88th Street

**Call 515.222.3444 to Reserve Shelters or
Reserve Online at www.wdm.iowa.gov/ShelterRental**

Raccoon River Park Nature Lodge

2500 Grand Avenue

515.222.3424

The Nature Lodge, located in Raccoon River Park, offers a unique rental space in a natural setting. The building sits along the northwest shore of Blue Heron Lake and provides a place to get away from the demands of city life to slow down and relax. Whether you are planning a company retreat or a special wedding reception, this quaint location provides you with all the convenience of modern living with an elegant, yet rustic appearance. The facility seats up to 120 people comfortably.



LAKEVIEW ROOM*	1/3	2/3	Full
EVENINGS/WKNDs	\$30/Hr.	\$60/Hr.	\$90/Hr.
WEEKDAYS (8am-5pm)	\$20/Hr.	\$40/Hr.	\$60/Hr.

*Sun-Fri 4 hr. minimum; Sat 10 hr. minimum (Apr-Oct); Sat 5 hr. minimum (Nov-Mar)

Valley Junction Activity Center

217 5th Street

515.222.3440

Looking for the perfect place for that birthday party, family reunion, or organization meeting? The Valley Junction Activity Center, located in the heart of Valley Junction, is just the place for you! The facility offers a wide variety of meeting room spaces as well as two dining rooms available for public rental. The Grand Ballroom located on the second floor of the building provides an excellent space for wedding receptions and large dinner gatherings for up to 200 people.



ACTIVITY CENTER	Ballroom	Dining Room	Vets Room
EVENINGS/WKNDs	\$80/Hr.	\$30/Hr.	\$20/Hr.
WEEKDAYS (8am-5pm)	\$80/Hr.	\$20/Hr.	\$14/Hr.

Raccoon River Park Dog Park

2500 Grand Avenue

515.222.3424

Need a place to let your dog run off some excess energy? Dogs of all shapes and sizes enjoy romping through the 10-acre fenced play area of the Raccoon River Park Dog Park. The park features areas for both large and small dogs and is a great place to meet other dog lovers and enjoy each others' pets.

DOG PARK PERMITS	YEARLY	DAILY
RESIDENT	\$15	\$5*
NON-RESIDENT	\$40	\$5*

*Available for purchase on-line

All dogs residing in the City of West Des Moines are required by law to have a City Pet License in order to purchase a Raccoon River Dog Park Annual Permit. Users are required to purchase a Dog Park Permit to utilize the facility. Both yearly permits (calendar year) and daily permits are sold at the following locations:

Administrative Office at WDM City Hall 4200 Mills Civic Parkway 515.222.3444

Raccoon River Park Nature Lodge 2500 Grand Avenue 515.222.3424

For more info visit www.wdm.iowa.gov/DogPark



Raccoon River Park Archery Facility

2500 Grand Avenue

515.222.3424



The Archery Facility is the first of its kind in Iowa and includes the following features:

- Enclosure walls/fencing
- Shelter over shooting area
- 12 shooting lanes
- Overhead 'arrow curtains'
- Staging area
- Targets up to 40 yards distance

Users are required to purchase an Archery Permit to utilize the facility. Both yearly permits (calendar year) and daily permits are sold at the following prices and locations:

ARCHERY PERMITS	YEARLY RES.	YEARLY N-RES.	DAILY
ADULT	\$20	\$40	\$5*
YOUTH (under 16)	\$10	\$20	\$5*

*Available for purchase on-line

Administrative Office at WDM City Hall 4200 Mills Civic Parkway 515.222.3444

Raccoon River Park Nature Lodge 2500 Grand Avenue 515.222.3424

For more info visit www.wdm.iowa.gov/Archery

Raccoon River Park Softball Complex

2500 Grand Avenue

515.222.3454

AVAILABILITY	FRI PM	SAT	SUN	WKDYS
APR-OCT	5pm-10:15pm	8am-10:15pm	8am-4pm	8am-4pm

FIELD RENTALS	ADULT	YOUTH	YOUTH (Fall)
TOURNAMENTS	\$10-15/Game	\$30/Game	\$20/Game
PUBLIC HOURLY	\$30/Hr./Field (field light fees included)		

SCOREBOARD SPONSORS



Valley View Park Practice Fields

255 88th Street

515.222.3444

*Apr 1-Sep 1 Rental Season; 2 hr. minimum rental

To allow for turf renovation, field availability will be reduced Sep 2-Nov 1

FIELD RENTALS*	Soccer	Sftball/Bsball	Cricket
REGULAR	\$15/Hr.	\$10/Hr.	\$40/Hr.
FOR-PROFIT ORG.	\$30/Hr.	\$20/Hr.	\$80/Hr.

Reserve Valley View Park Fields Online at
www.wdm.iowa.gov/VVFields

Crossroads Park Tennis Courts

5205 Ashworth Road

515.222.3444

*Mar 1-Oct 31 Rental Season; 1 hr. minimum rental

Crossroads Tennis Courts are lighted

COURT RENTALS*	Non-Profit/ Schools	Public	For-Profit/ Private Inst.
FEE	\$7/Hr.	\$10/Hr.	\$20/Hr.
HOURS OF OPERATION	7am-10:30pm		

Reserve Crossroads Tennis Courts Online at
www.wdm.iowa.gov/TennisCourts

Holiday & Valley View Aquatic Center

1701 Railroad Avenue & 255 51st Street

515.273.0700

Looking for a unique outing for your business, church, or youth group? Why not schedule a private rental at one of the WDM aquatic centers? The rental fee includes all costs. Concessions are available at an extra cost.

Reserve Holiday or
Valley View Aquatic Center
by calling 515.222.3440

AVAILABILITY	SAT PM
JUNE-AUG	6:30-8:30pm

AQUATIC CENTER	ALL	LAZY RIVER/ SLIDES	LEISURE/ KIDS POOLS	LAP POOL/ DIVING BRDS/ DROP SLIDE
HOLIDAY	\$800	—	—	—
VALLEY VIEW	\$1,300	\$700	\$450	\$400

Raccoon River Park Boathouse

2500 Grand Avenue

515.440.4787



Open Memorial Day
through Labor Day

More details at
www.wdm.iowa.gov/Boathouse

BOAT RENTALS	Capacity	1/2 Hour	Hour	Day
CANOE	2-3	\$14	\$19	\$65
KAYAK	1	\$10	\$15	\$55
DOUBLE KAYAK	2	\$14	\$19	\$65
FISHING KAYAK	1	\$14	\$19	\$65
STAND-UP PADDLEBRD	1	\$10	\$15	\$55
GROUP BOARD	2-6	\$45	\$55	\$210
PADDLEBOAT	2-4	\$9	\$12	\$40



Keep up-to-date on changes, weather,
and ask questions on Facebook @ RRPBoathouse

Jamie Hurd Amphitheater

4100 Mills Civic Parkway

515.222.3444



Jamie Hurd Amphitheater Rental Fees*

JAMIE HURD AMPHITHEATER	For-Profit/ Ticketed	Non-Profit (501c3)	K-12 Schools	Private	Weekday Discount
Days	Su-Sa	Su-Sa	M-Th	Su-Sa	M-Th
Hours	7am-10pm	7am-10pm	7am-10pm	7am-10pm	7am-4pm
Minimum Hours	10	4	2	4	4
Rental Fee	\$200/hr	\$100/hr	\$80/hour	\$100/hr	20% off total hourly rental

*Additional fees may apply

For more rental information visit www.wdm.iowa.gov/JHA.

at the Jamie Hurd Amphitheater

Join us at the Jamie Hurd Amphitheater on select **Fridays** throughout the summer for **FREE** outdoor movies. Movies begin at dusk (see below for times). Join us for family-friendly entertainment or activities that begin 45 minutes prior to show time.

6/3	8:45pm	Soul	2020	PG	1h 40m
6/10	9:00pm	The Princess Bride	1987	PG	1h 38m
7/22	8:45pm	Elf	2003	PG	1h 37m
7/29	8:45pm	Up	2009	PG	1h 36m
8/5	8:30pm	Field of Dreams	1989	PG	1h 47m
8/12	8:30pm	Moana	2016	PG	1h 43m
8/19	8:15pm	Space Jam: A New Legacy	2021	PG	1h 55m



at the Jamie Hurd Amphitheater

Join us on **Sunday** evenings throughout the summer for Summer Sundaze, our **FREE** live music series. A different local act will play each week from 6-8pm, and food trucks will be available.

6/5	Faculty Lounge	7/17	Monkey Monkey Monkey
6/12	Guitarras ATM	7/24	Hasta Verano
6/19	Ryne Doughty	7/31	The Savage Freds
	Andrew Hoyt	8/7	Dick Danger Band of Des Moines
6/26	The Matt Woods Band	8/14	Standing Hampton
7/10	Chad Elliott & the Redemptions		

Moonlit Movies and Summer Sundaze are sponsored by



Tallgrass Theatre Presents: Into the Woods

Tallgrass Theatre Company returns to the Jamie Hurd Amphitheater this summer with their Summer Theatrical Concert series, presenting "Into The Woods" - Music and Lyrics by Stephen Sondheim, book by James Lapine, featuring local musical theatre artists.

This concert event is a free-will donation, with \$20 suggested donation amount. Audience members are encouraged to bring chairs, blankets, and picnic items. More information at www.tallgrasstheatre.org.

Thursday 6/16, Friday 6/17, Saturday 6/18

7:30pm

Gateway Dance Theatre Presents: Shakuntala

NEW



Gateway Dance Theatre of Des Moines proudly presents its production of a play with dance, Shakuntala (Shah-koon-tala), originally written by India's most respected poet and playwright, Kalidasa. Be swept away and transported on a magical journey to the land of India and a tale of love and beauty. It tells the story of the young Shakuntala, raised in a secluded sanctuary and falls in love with King Dushyanta, whom she meets in the forest. This new reworking is a play with dialogue and dance, featuring the international music and rhythms of India, Africa, and the Caribbean. Free-will donations are encouraged but

Thursday 7/7, Friday 7/8, Saturday 7/9

7:30pm

Community Open Mic Night

NEW



Come one, come all to West Des Moines' Community Open Mic Night at the Jamie Hurd Amphitheater! Talents of all sorts are welcome: singers, musical instruments, comedians, dancers, poets, and more! Performers will be allowed a maximum of five minutes to set up, and performances are limited to under ten minutes. This event is free for both performers and audiences. Performers are required to register.

ID #25626

6/8

W, 5:30-8pm

ALL

Free

Trivia Tuesdays

Are you ready to show off your vast amounts of trivia knowledge? Each event is free and prizes for the 3 top-scoring teams will be awarded each evening. Although the questions will be geared toward adults, these events will be family-friendly, and children can participate or come along to join the fun. Team (one to eight people) pre-registration is required.

Animals	ID #25782	7/12	T, 7-8:30pm	12+	Free
Food	ID #25783	7/19	T, 7-8:30pm	12+	Free
Books	ID #25784	8/9	T, 7-8:30pm	12+	Free
Kids' Trivia	ID #25785	8/16	T, 7-8:30pm	8-12	Free

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

RACCOON RIVER PEDESTRIAN BRIDGE

MAKING A GREATER CONNECTION



EXPLORE. LEARN. DONATE.



MidAmerican Energy Company RecPlex

6500 Grand Avenue

515.440.4820



This world-class facility offers a variety of different spaces, from ice, turf, and hardcourt spaces to multipurpose rooms, convertible convention space, and more. For more information visit www.TheRecPlex.com.

MULTIPURPOSE ROOMS	1/3	2/3	Full
Kum & Go Community	\$45/Hr.	\$90/Hr.	\$135/Hr.
Overlook		\$35/Hr.	
Activities		\$25/Hr.	

Adaptive recreation opportunities are available at the RecPlex through Can Play. For more information visit www.can-play.org.



Preschool Program NEW

Join us for all-around fun while learning the basics to kick, catch, and throw. Train like your favorite superhero with our tumbling program along with music and movement. This program is free, but registration is required by emailing info@can-play.org.

4/4-5/30 M, W, F, 9:30-10:30am 2-5 FREE

Active Senior Program NEW

This is a class for those 55 and older who want to maintain an active lifestyle. The program focuses on balance, coordination, cardio, and strength and includes activities such as Tai Chi, yoga, pole walking, and more.

ID #25882 4/4-4/29 M, W, F, 8:30-9:30am 55+ \$50
ID #25883 5/2-5/30 M, W, F, 8:30-9:30am 55+ \$50



RP Kids Summer Day Camp

Skip the nanny this year, and let us provide your child with a summer to remember at our RP Kids Summer Day Camp! Campers will spend an entire day filled with sports of all kinds, arts and crafts, snacks, and so much more. Every camp is guided by our recreation staff who are trained to encourage participation, good sportsmanship, and most of all, fun! Can't make the whole week? Build your own schedule for \$55/day.

6/6-8/19 M-F, 8am-5pm Ages: 5-12 Daily: \$55 Weekly: \$250

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Twirl Camp

Sign your child up for this very popular program! Let them experience the thrill of learning to twirl the baton. Your child will learn the basics of baton twirling each day of the camp. A special highlight of the week will be the opportunity for the campers to show off their new-found skills as they march together in the West Des Moines Independence Day Parade (held on July 3). Levels 101 and 201 classes include a T-shirt and baton. Level 301 class includes a T-shirt.

101 Level	ID #25650	6/27-7/1	M-F, 10:30-11:30am	5-10	\$55
101 Level	ID #25652	6/27-7/1	M-F, 11:30am-12:30pm	5-10	\$55
201 Level	ID #25653	6/27-7/1	M-F, 1-2pm	6-14	\$38
301 Level	ID #25654	6/27-7/1	M-F, 2-3pm	6-14	\$38

Healthy Esports Camp

Welcome, gamers, to the RecPlex's Healthy Esports Camp! Join us for this week-long day camp and learn to play age-appropriate games while still focusing on physical activity. Each day will consist of two hours of game-play, one hour of sports activity, and 30 minutes of video on-demand review to learn more about the game of the day and how to improve. Games included, but not limited to, are: Fortnite, Rocket League, Apex Legends, Valorant, and more!

ID #25337	6/6-6/9	M-Th, 8:30am-1:30pm	6-14	\$150
ID #25338	6/20-6/24	M-F, 8:30am-12:30pm	6-14	\$150
ID #25339	7/18-7/22	M-F, 8:30am-12:30pm	6-14	\$150
ID #25340	8/1-8/5	M-F, 8:30am-12:30pm	6-14	\$150
ID #25341	8/15-8/19	M-F, 8:30am-12:30pm	6-14	\$150

Catan Tournament

Think you're the best Catan player around? Do you build roads and cities like nobody's business? Is the largest army no problem? Come and show off your skills at our Catan Tournament hosted by The Rook Room and West Des Moines Parks and Recreation. The tournament will consist of three rounds – qualifying, semi-finals, and finals. The winner will receive a Rook Room and Catan prize package, the honor of being one of Iowa's best, and an invitation to the Catan National Tournament.

ID #25639	4/9	Sa, 1-5pm	18+	\$10
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Youth Basketball League

Welcome to the RecPlex Youth Basketball League! This summer league is offered for both boys and girls that have completed 3rd grade through 6th grade. Play in the nicest basketball facility in the metro. **Register at www.teamsideline.com/WestDesMoines.**

League Format:	Boys & Girls Completed grades 3, 4, 5, & 6 Eight-game schedule	Tuesdays 3rd girls 3rd boys 4th girls 4th boys	Wednesdays 5th girls 5th boys 6th girls 6th boys
Starts 6/14 & 6/15	5:30-8:30pm	\$530+tax/team	

Family Fun Day

This FREE event will feature open play on our indoor turf. Delicious food and beverages from the RP Grill will be available for purchase as well!

4/17	Su, 3-5pm	ALL	FREE
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Learn to Skate

This program is geared toward recreational skaters of all ages and skill levels. Instructors

will follow the skill progressions outlined in Learn To Skate USA Basic Skills. Skaters will be evaluated throughout the session to determine if they are ready to advance. Our program ratio consists of a 8:1 or 12:1 student/instructor ratio to ensure quality instruction.

ID #25896	4/17-5/22	Su, 2-3pm	3+	\$110
ID #25897	4/24-5/29	Su, 6-7pm	3+	\$110



Court Time Day Camps

NEW

Court Time Boys and Girls Day Camps are designed to emphasize fundamental play in conjunction with games and modified games in the afternoon. A strong emphasis on ball handling is worked on each day. We expose campers to the following fundamentals during the week: passing, shooting, individual moves, offensive concepts and defensive concepts. In addition to the fundamentals being taught, we offer 5-on-5, 4-on-4, 3-on-3 games and individual skill contests. The player to coach ratio is set at ten players per coach. This camp has sold out the past 18 summers, so register soon.



Boys Camp	ID #25597	6/20-6/23	M-Th, 9am-3pm	9-14	\$200
Girls Camp	ID #25598	6/27-6/30	M-Th, 9am-3pm	9-14	\$200

Court Time Boys Competition Camp

NEW

Court Time Boys Competition Camps are specifically designed for players who have been exposed to competitive and team basketball. While fundamentals are emphasized each morning during warm-ups, the majority of the time is spent actually playing games. Each team is given a camp offense and defense and their coach works on those concepts during the four day period. Games, leagues and teams are modified to assure that each player is working to develop as a complete player. A strong emphasis is placed on TEAMWORK and making each other better. Player to coach ratio is set at 10 players per coach. This camp has sold out the past 18 summers, so register soon.

ID #25595	6/13-6/16	M-Th, 9am-3pm	9-14	\$200
ID #25596	7/11-7/14	M-Th, 9am-3pm	9-14	\$200

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Bowen Born Basketball Camp

NEW

Join former Norwalk High School/Iowa Gatorade Player of the Year and current University of Northern Iowa basketball player, Bowen Born, for basketball camp at the RecPlex this summer! The three-day camp will include fundamentals, skill work, competitive drills, and daily full-court games in a fun, energetic environment. Games will be structured in a tournament format to add to the excitement of the week. Bowen, the 2021 Missouri Valley Conference Freshman of the Year, will teach boys and girls some of his favorite drills, so come join the fun in this great new facility. Participants receive a t-shirt, and prizes will be awarded throughout the camp for various competitions. Camper space is limited. Please sign up today.



ID #25755 6/6-6/8 M-W, 9am-12pm 7-15 \$125

Bulldog Girls Basketball Camp

NEW



Coach Allison Pohlman, along with her staff and Bulldog student-athletes, are bringing Bulldog Girls Basketball Camp to the RecPlex this summer. This three-day camp will be a high-energy camp where you will improve your skills through fundamental drills, fun competitive drills, and 3v3 and 5v5 games. Campers will be divided according to grade and skill level to promote improvement throughout the camp. Participants will receive a camp t-shirt along with potential prizes throughout the camp. Camper space is limited. Please sign up today. *The camp or clinic is open to any and all entrants (limited only by number, age, grade level, and/or gender).

ID #25599 6/6-6/8 M-W, 1-4pm 8-14 \$125

Little Kickers Soccer League

NEW

Little Kickers is a co-ed soccer league designed for children four years through first grade. Teams will practice the first 15 minutes followed by a game each week. Little Kickers provides the ideal environment to have fun while being taught the basic soccer fundamentals and learning the importance of teamwork, socialization, and sportsmanship. The registration fee includes a reversible jersey. **Volunteer coaches are needed for this program.**



ID #25600 5/14-6/18 Sa, 9-10am 4-5 \$45
ID #25601 5/14-6/18 Sa, 10-11am 6-7 \$45

Bulldog Soccer Camp

NEW

Join coaches and players of the Drake Women's soccer team for four afternoons filled with soccer skills and games. This camp is designed for the recreational level camper who will be taught proper technique through small-sided games and contests. All activities will be arranged indoors in a fun, safe-and-skill-appropriate environment. Campers should wear shin guards and bring a ball and water. Each camper will receive a camp t-shirt.



ID #25968 6/13-6/16 M-Th, 1-4pm 7-12 \$125

Bags League

5/20 Registration Deadline

Grab a partner and get ready to play everyone's favorite backyard game, bean bag toss. Teams of two adults will compete for eight weeks. Teams will play a set of five games. First to score 21 wins. **Register at www.teamsideline.com/WestDesMoines.**

League Format: Co-ed; Social (boards at 24')
Competitive (boards at 27')



Starts 5/4 T, W, Th, & F, 6:15-9:15pm 18+ \$30 + tax/team



Pickleball League

5/20 Registration Deadline



Pickleball is fun, social, and friendly. The rules are simple, and the game is easy for beginners to learn but can develop into a quick, fast-paced, competitive game for experienced players. Teams will compete for eight weeks. Play best two out of three. The first side scoring 11 points with a minimum lead of two points wins.

Register at www.teamsideline.com/WestDesMoines.

League Format: Men's, Women's, & Co-ed
Social, Intermediate, & Competitive levels

Starts 6/7 T, W, & Th, 6:15-9:15pm 18+ \$75 + tax/team

Adult Basketball League

5/20 Registration Deadline

Each team will play a nine-game, round-robin schedule. All games will be staffed with high school certified officials and scorekeepers. **Games will be played at the MidAmerican Energy Company RecPlex and in WDM schools.**

Starts 6/15 W, 6:15-9:15pm 18+ \$585 + tax/team

Divisions A, B, C, B1, B2, C1, C2, C3, D1, and D2
Game Times Wednesdays; 6:15, 7:15, 8:15, and 9:15pm



Parents' Night Out

Parents can enjoy a night out on the town, a relaxing evening in, or whatever it is you'd like to do while your kids have a blast with us. Each Parents' Night Out will have a fun theme, arts and crafts, healthy activities, and a pizza party!

	Sa, 5-8pm	5-12	\$15/child
ID #24031	3/5	ID #25169	5/7
ID #24032	3/19	ID #25170	5/21
ID #24033	4/9	ID #25172	6/18
ID #25168	4/23	ID #25171	6/25
ID #25174	7/16	ID #25175	7/30
ID #25176	8/13	ID #25177	8/27

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

AQUATIC CENTERS OPEN ON SATURDAY, MAY 28

Season Passes

Passes are sold per household. Individual photo ID cards are required for each family member who wishes to have a pass. All pass holders must have a current photo taken or on file. Photos can be taken at City Hall or the Valley Junction Activity Center during regular business hours (8am-5pm) or at the West Des Moines Aquatic Centers starting the first week of the season. (Please note that it is best to purchase season passes at City Hall or the Valley Junction Activity Center prior to the first week of the season to avoid long lines at both aquatic facilities.) WDM season passes are good at Holiday, Valley View, and Clive Aquatic Centers.

***10% discount for WDM Aquatic Center Season Passes ends March 31**

Season Pass	WDM Residents	10% Discount	Non-Residents	10% Discount
Single Pass	\$85	\$76.50	\$130	\$117
Two Person Pass	\$120	\$108	\$170	\$153
Additional Person	\$40/person	\$36/person	\$55/person	\$49.50/person
Nanny/Granny	\$60	NA	\$60	NA

If an aquatic center closes because of weather (electrical storms or cool temperatures) between 12:30 & 5pm, it will not reopen until 5:30pm. If weather conditions do not allow reopening at 5:30pm, it will remain closed for the evening.

Open Swim Times

Valley View		Holiday	
Sat	12-6pm	Sat	11:30am-6pm
Sun-Fri	12-5:30pm & 6:30-8:30pm	Sun	12-5:45pm
		Mon-Fri	11:30am-7pm*
Family Night on Wed & Sun - \$15/family	6:30-8:30pm	Family Night on Wed & Sun - \$15/family	6:30-8:30pm**
1/2 Price Evenings on Mon, Tues, Thurs, & Fri	6:30-8:30pm	1/2 Price Evenings on Mon, Tues, Thurs, & Fri	5-7pm**

* Closes at 5:30pm when evening swim lessons are in session

** Only when evening swim lessons are not in session

Daily Admission Prices

Under 3 years old	Free
3-12 years old	\$6
13 years and older	\$9
Senior Citizens (55+)	\$7
Family Night (W & Su)	\$15/family

Aquatic Centers Phone Numbers

Information	515.273.0700
Holiday	515.273.0703
Valley View	515.273.0707

Current Walking & Adult Lap Swim

Su-F, 5:30-6:30pm

18+

\$4/visit*

*Pay at time of visit

Valley View Lazy River & Lap Pool

Aquatic Center Birthday Parties

Have your next birthday party in the sun and fun at Valley View or Holiday Aquatic Center! Party packages include: reserved space for two hours for your group, admission to the aquatic center for your group, one free admission for an accompanying adult, and your choice of a food combo from the concessions for everyone in your party. Your group will also get to use the water slides during a special assigned pool break so there are no lines to wait in!

\$190 for 10 participants
(one adult included)

\$19 per extra participant

Max of 15 participants

Reserve by calling 515.222.3440 at least two weeks in advance.



Parent & Me Swim Lessons



This program provides an opportunity for parents and their young children to explore the water together. Participants will have a special area of the pool to work together and learn basic water exploration skills.

An instructor will help with directions for activities to do with your child.

ID #25487	6/20-6/30	M, T, W, Th, 6:15-6:45pm	1-3	\$55	Holiday Aquatic Center
ID #25484	7/25-8/4	M, T, W, Th, 6:15-6:45pm	1-3	\$55	Holiday Aquatic Center

Private Swim Lessons

Your child will learn to swim or further their skills through private lessons with one-on-one instruction. Instructors will use the Learn-to-Swim progressions but at an individualized pace.

Session 1: 6/6-6/10 Session 2: 6/13-6/17 Session 3: 6/20-6/24 Session 4: 6/27-7/1

M-F, 9-9:30am	5-14	\$120	Holiday Aquatic Center
M-F, 9:35-10:05am	5-14	\$120	Holiday Aquatic Center
M-F, 10:10-10:40am	5-14	\$120	Holiday Aquatic Center

Adult Swim Lessons

Learn to swim or improve your skills in this class for adults.

ID #25537	6/6-6/16	M, T, W, Th, 6:15-6:45pm	16+	\$55	Holiday Aquatic Center
ID #25550	7/11-7/21	M, T, W, Th, 6:15-6:45pm	16+	\$55	Holiday Aquatic Center

American Red Cross Learn-to-Swim Lessons

To better place your child in the American Red Cross Learn-to-Swim program, please review this partial list of skills taught in each progress level. These skills are taught in each course and are required for completion of the specified level.

> **Pre-School 1: Water Exploration:** Students will learn to put their face under water, blow bubbles, and kick with support on their front and back. (AGES 3-4)

> **Pre-School 2: Water Navigation:** Children will learn to kick and glide on their front and back without support and learn very basic swimming skills. (AGES 3-4)

> **Level 1: Introduction to Water Skills:** Students will learn how to feel comfortable in the water and safely enjoy it. (AGES 5+)

> **Level 2: Fundamentals of Aquatic Skills:** Children will learn basic swimming skills. (AGES 5+)

> **Level 3: Stroke Development:** Additional guided practice will help students improve their skills. (AGES 5+)

> **Level 4: Stroke Improvement:** Kids will gain confidence during swim lessons, improve their stroke, and gain additional aquatic skills. (AGES 5+)

> **Level 5: Stroke Refinement:** Guidance allows kids to refine their strokes and become more efficient swimmers. (AGES 5+)

Valley View Aquatic Center Morning Lessons Tuesday-Friday Pre-School 1 & 2: \$57 Levels 1-5: \$55

Session 1 6/14-6/24			Session 2 7/5-7/15			Session 3 7/19-7/29		
PS 1	8:30	25394	PS 1	8:30	25361	PS 1	8:30	25359
	9:10	25386		9:10	25358		9:10	25401
	9:50	25393		9:50	25370		9:50	25363
	10:30	25402		10:30	25368		10:30	25353
PS 2	8:30	25387	PS 2	8:30	25398	PS 2	8:30	25382
	9:10	25365		9:10	25362		9:10	25379
	9:50	25405		9:50	25371		9:50	25392
	10:30	25399		10:30	25391		10:30	25383
L1	8:30	25355	L1	8:30	25406	L1	8:30	25354
	9:10	25360		9:10	25385		9:10	25390
	9:50	25375		9:50	25377		9:50	25369
	10:30	25374		10:30	25409		10:30	25376
L2	8:30	25461	L2	8:30	25444	L2	8:30	25466
	9:10	25449		9:10	25464		9:10	25474
	9:50	25469		9:50	25463		9:50	25459
	10:30	25470		10:30	25454		10:30	25453
L3	8:30	25499	L3	8:30	25501	L3	8:30	25495
	9:10	25488		9:10	25502		9:10	25496
	9:50	25505		9:50	25481		9:50	25507
	10:30	25477		10:30	25508		10:30	25482
L4	8:30	25491	L4	8:30	25493	L4	8:30	25497
	9:10	25486		9:10	25478		9:10	25500
	9:50	25483		10:30	25489		9:50	25475
L5	8:30	25492	L5	8:30	25506	L5	8:30	25709
	9:10	25712		9:10	25494		9:10	25503
	10:30	25498		9:50	25480		10:30	25707

Aquatic Centers Phone Numbers

Information	515.273.0700
Holiday	515.273.0703
Valley View	515.273.0707

Please refrain from registering your child for multiple sessions assuming they will advance to the next level for the following session. Registration changes incur a \$5 fee, and space may not be available for the needed level of completion.

Holiday Aquatic Center Evening Lessons Monday-Thursday Pre-School 1 & 2: \$57 Levels 1-5: \$55

Session 1 6/6-6-16			Session 2 6/20-6/30			Session 3 7/11-7/21			Session 4 7/25-8/4		
PS 1	6:15	25378	PS 1	6:15	25395	PS 1	6:15	25389	PS 1	6:15	25722
	6:50	25373		6:50	25356		6:50	25372		6:50	25723
PS 2	6:15	25366	PS 2	6:15	25364	PS 2	6:15	25381	PS 2	6:15	25741
	6:50	25380		6:50	25397		6:50	25404		6:50	25742
L1	6:50	25396	L1	6:50	25403	L1	6:50	25388	L1	6:50	25627
	7:25	25408		7:25	25367		7:25	25407		7:25	25628
	8:00	25400		8:00	25384		8:00	25357		8:00	25629
L2	6:50	25448	L2	6:50	25467	L2	6:50	25465	L2	6:50	25445
	7:25	25451		7:25	25473		7:25	25472		7:25	25460
	8:00	25458		8:00	25452		8:00	25446		8:00	25450
L3	6:50	25539	L3	6:50	25677	L3	6:50	25547	L3	6:50	25526
	7:25	25519		7:25	25549		7:25	25532		7:25	25678
	8:00	25520		8:00	25538		8:00	25524		8:00	25679
L4	6:50	25548	L4	7:25	25527	L4	6:50	25545	L4	8:00	25533
	8:00	25540					8:00	25517			
L5	7:25	25536	L5	8:00	25530	L5	7:25	25509	L5	7:25	25513

Lifeguard Training

PRE-REQUISITES FOR CLASS:

- Minimum age: 15 years
- Swim 300 yards continuously.
- Tread water for two minutes using only the legs.
- Complete a timed event within 1 minute, 40 seconds.
- Starting in the water, swim 20 yards.
- Surface dive to a depth of seven to ten feet to retrieve a ten-pound object.
- Return to the surface and swim 20 yards on the back to return to the starting point.
- Exit the water without using a ladder or steps.

Participants will be sent a link for the on-line learning portion two to three weeks before the class begins.

ID #24291	3/4-3/6	F, Sa, Su, varies by day	15+	\$175	Valley HS Pool
ID #24290	3/15-3/17	T, W, Th, 8am-4pm	15+	\$175	Valley HS Pool
ID #24289	3/25-3/27	F, Sa, Su, varies by day	15+	\$175	Valley HS Pool
ID #24782	4/29-5/1	F, Sa, Su; varies by day	15+	\$175	Valley HS Pool

Work for us as a lifeguard this aquatic season!
Apply now at www.wdm.iowa.gov/jobs.

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

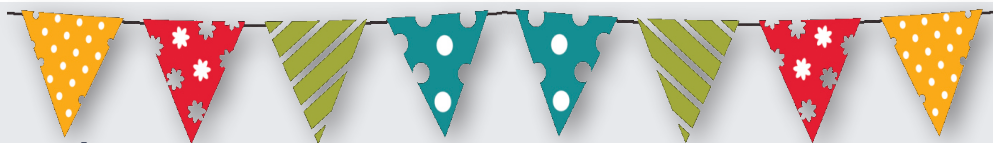
To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444



Earth Day Family Fun

Earth Day is a perfect day for you and your family to come enjoy some family-friendly outdoor activities. You can go kayaking, canoing, fishing, create a themed craft, and play some yard games. Free tree saplings will be handed out, and the first 100 families will receive a Painted Lady caterpillar. Come help us celebrate Earth Day today!

ID #25068 4/23 Sa, 10am-1pm ALL Free WDM City Hall



Park PALOOZA

Get ready to kick off summer with us at Raccoon River Park! There will be something for everyone at Park PALOOZA. This free special event will feature the Mayor's Bike Ride with Mayor Russ Trimble, make-and-take crafts for kids in the Coneflower shelters with vendors and food trucks selling their products, an opportunity to borrow a fishing pole and fish for free at Cops and Bobbers, and a chance to check out the new Boathouse and a chance to get out on the water. Come enjoy the first weekend of summer at Raccoon River Park!

6/4 Sa, 8am-1pm ALL Free Raccoon River Park

8am Mayor's Bike Ride
(Ride info available on-line)



9-11:30am Cops and Bobbers
(Sponsored by WDMPD)



9am Make-and-Take Crafts

9am Free Boat Rentals
(Sponsored by WDMCF)



9am Free Inflatables

9am Touch A Truck



11am Food Trucks

More event details are available at
www.wdm.iowa.gov/ParkPalooza.

Great American Campout

The National Wildlife Federation's Great American Campout is an easy way to get outdoors and enjoy the benefits of nature and wildlife whether you are a seasoned pro or a first-time camper. So, pack up your tents, sleeping bags, and flashlights for a fun night of camping on the City Hall lawn. Activities will include s'mores, kayaking, fishing, games, and Encanto (2021) on the big screen. Evening snacks and a light breakfast will be provided. **This event is free, but registration is required.**



GREAT AMERICAN
CAMPOUT



ID #25761 6/25-6/26 Sa-Su, 7pm-9am ALL Free WDM City Hall

INDEPENDENCE DAY EVENTS

July 3rd Parade

Sponsored by  West Bank

Parade entry information will be available starting in early May. To have information mailed to you, please call 515.222.3424. The parade will be limited to 100 entries.

Su, 7/3 5:15pm Line-Up 6:30pm Parade Starts

All Iowa Bash!

Will be held in Valley Junction on July 3. For more information, visit www.valleyjunction.com or call 515.222.3642.



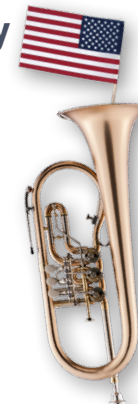
Holiday Classic Horseshoe Tourney



For information, contact the WDM Horseshoe Pitchers Association at 515.669.3085 or 641.728.4751.

M, 7/4 7am-2pm Holiday Park

WDM Community Band Concert



M, 7/4 7pm

WDM City Campus

Fireworks Display

The fireworks display will start at dusk over the WDM City Campus (4200 Mills Civic Parkway) on the evening of July 4.



To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Princess & Pirate Splash Bash



Hear Ye! Hear Ye! and Yo Ho Ho! All princesses across the land and pirates of the sea are invited to a spectacular splash bash at Holiday Aquatic Center! We've enlisted our friends from Little Princess Parties to provide "The Little Mermaid" and four of her princess and mermaid friends. They will swim and pose for photos with you. (Be sure to bring your camera!) This event is sure to be a crowd pleaser for the entire family. Join us as we enjoy the middle of summer. *One adult entry is included per child registration.

ID #25680	7/23	Sa, 6:30-8pm	3+	\$20*	Holiday Aquatic Center
			Under 3	Free	

Can Play Pool Party

Join us when our special population has the pool to themselves! In partnership with Can Play, enjoy an evening of fun reserved just for your special person and your family. **This event is free, but registration is required.**



ID #25869	6/25	Sa, 6:30-8:30pm	ALL	Free	Holiday Aquatic Center
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SAVE THE DATE:
SATURDAY,
SEPTEMBER 24

IllumiFest
a Fall Festival of light

Presented by
Veridian
credit union
with sponsorship from
AMERICAN EQUITY



Friday Food Truck Lunch

Join us for a relaxing lakeside lunch at Raccoon River Park! Each Friday we will have a food truck or two available for a grab-and-go lunch at Blue Heron Lake. Bring your tennis shoes and walk the trail, rent a paddleboat or kayak from

the Boathouse, or bring your fishing pole and bait to fish at the Fishing Pier. Our Friday Food Truck Lunch is meant to get you outdoors where you can enjoy your lunch at the park or grab it to go.

6/10-7/29	F, 10am-1pm	ALL	Price Varies	RRP Boathouse
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Yoga On The Lawn

Get your Sunday off to a great start with some Yoga on the Lawn! This FREE program is a great introduction to yoga for the beginner and offers new challenges for seasoned yogis. Bring a water bottle and yoga mat and enjoy.

6/5-8/28	Su, 9-10am	ALL	Free	WDM City Hall Front Lawn
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To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

K9 Toss and Fetch League



West Des Moines has a K9 Toss and Fetch league that competes with other Toss and Fetch teams from around the world. Each week, we meet at Jordan Creek Park to "toss and fetch" with our dogs to gather scores. Our league is for anyone who has a dog that loves to play fetch with a Frisbee. If you would like more information about this league, call Melanie at 515.222.3435 or go to our Facebook page @West Des Moines K9 Toss and Fetch.

*Team = 1 dog and owner. Owners can have more than one team if they have multiple dogs.

ID #25043	4/20-5/18	W, 6:30-7:30pm	10+	\$18/team*	Jordan Creek Park
ID #25041	6/8-7/6	W, 6:30-7:30pm	10+	\$18/team*	Jordan Creek Park
ID #25044	7/27-8/24	W, 6:30-7:30pm	10+	\$18/team*	Jordan Creek Park

Pawsitive Beginner Dog Classes

The puppy class is perfect for puppies eight-weeks to five-months old. The emphasis of this class will be to learn to socialize your puppy to become a confident adult dog.

The beginner dog class is perfect for dogs six-months and older who have little to no training.

During each six-week class, owners will learn about the science of effective dog training and the use of positive reinforcement. The first class is informational; for humans only. Owners must show proof of vaccination for their dogs when signing up for the class. Email proof of vaccination to trevor.hoth@wdm.iowa.gov.



Puppy	ID #25670	5/11-6/15	W, 6-7pm	18+	\$200	Activity Center
Beginner	ID #25344	5/11-6/15	W, 7:30-8:30pm	18+	\$200	Activity Center
Puppy	ID #25345	7/27-8/31	W, 6-7pm	18+	\$200	Activity Center
Beginner	ID #25669	7/27-8/31	W, 7:30-8:30pm	18+	\$200	Activity Center

Wildflower Hike

Come enjoy the beauty of the forest. We will be taking a short walk around Southwoods Park to see some of the woodland spring wildflowers! This hour-long hike will be led by the West Des Moines Parks and Recreation Naturalist. We will meet at the top of the hill east of the parking lot. This event is free, but registration is required.

ID #25065	4/14	Th, 6-7pm	ALL	Free	Southwoods Park
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To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444



Tom Karpan Relays

Don't miss this special, annual track and field event for kids ages 5-14. Winners of qualifying events will be eligible to take part in the Iowa State Track and Field Meet in Marshalltown. Races will be grouped according to age (5, 6, 7, 8, 9-10, 11-12, 13-14) and gender. A participant's age is as of December 31, 2022. An award ribbon will be given for each heat/event. The fastest time or longest distance recorded for each event (ages 7-14) will be eligible to attend the State Track and Field Meet in Marshalltown in June. These participants will be notified by email on May 20 of their eligibility. **Register online or at the event.**



ID #25748 5/12 Th, 5:30-8pm 5-14 Free Tiger Field (3650 Woodland Ave.)

Shade Crusade - Residential Tree Sale

Join the City in our crusade to increase West Des Moines' tree diversity and urban tree canopy! Native trees (valued at approximately \$60-\$120 each) are being made available to West Des Moines residents for only \$30 per tree. The remainder of the cost of the trees will be paid by the City through a grant from Microsoft Corporation. A 50% discount is available to qualifying low-income residents. To learn more about the discount, call West Des Moines Human Services at 515.222.3660. Find all of the details about the 2022 Shade Crusade at www.wdm.iowa.gov/ShadeCrusade. **Tree deliveries will be made during the week of May 2-6.**



Birthday Parties at the Nature Lodge

Birthdays are special, and we have some great ways to celebrate them! Choose from various themes, and leave the planning details to us. Our parties include: set up, a reserved space for your event, a party host or hostess, a theme-related activity, cake, ice cream, juice, paper goods, and most importantly...the clean up!

Theme	Star Wars	Frozen	Prehistoric Pals	Pajama Party	Super Hero	Amazing Animals
Age*	5-7	5-7	5-7	5-7	5-7	5-7

* All party participants must meet the minimum age required



\$150 for 12 participants
(birthday child included)

Max of 12 participants

Reserve by calling 515.222.3424 at least two weeks in advance

Fairytale Time in the Park

Come experience your neighborhood park and join the West Des Moines Parks and Recreation staff for a story and a craft. Bring a blanket and a friend!
*Childcare providers - Please let us know if you are bringing your group so we can be sure to have enough supplies for all participants.

	Th, 10:30-11:15am	ALL	Free
6/2	Pearson Park	7/7	Kiwanis Park
6/9	Jaycee Park	7/14	Quail Cove Park
6/16	Ashawa Park	7/21	Huston Ridge Park
6/23	Meadowview Park	7/28	Peony Park
6/30	Wild Rose Park		



Story Time in the Park

Come enjoy a nature story or two and a kid-friendly craft. We will find some shade near or in the Biddle Shelter at Raccoon River Park. Bring a blanket, and dress for the weather.

5/2-5/23 M, 10:30-11:15am ALL Free RRP Biddle Shelter

Archery, Give it a "Shot"

Have you thought about trying archery but you don't have any equipment? These family events are planned just for you! Come to the Archery Facility at Raccoon River Park to give it a try. We will provide the bows, arrows, and instruction for you to try this exciting sport. Registration is limited to the first 18 people.

ID #25749	4/28	Th, 5:45-7pm	8+	\$3	Archery Facility
ID #25047	5/12	Th, 5:45-7pm	8+	\$3	Archery Facility
ID #25046	6/9	Th, 5:45-7pm	8+	\$3	Archery Facility
ID #25045	7/12	T, 5:45-7pm	8+	\$3	Archery Facility
ID #25750	8/16	T, 5:45-7pm	8+	\$3	Archery Facility

Tae-Kwon-Do / Karate

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone's life, young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.



(Little Ninjas programs can be found on pg. 26)

BEGINNER CLASS

ID #25349	6/7-8/2	T, 6:30-7:30pm	6+	\$46	Activity Center
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INTERMEDIATE/ADVANCED CLASS

ID #25346	6/7-8/2	T, 7:30-8:30pm	6+	\$46	Activity Center
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To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Martial Arts Camp

This camp will cover training with the Chizi Kun Bo, an Okinawan fist-load protection tool that enhances striking techniques. The Chizi Kun Bo are two small sticks about six inches long. They are held in each hand with a string that is attached to the middle finger. The Chizi Kun Bo will be provided and fitted properly to each attendee. When the class is over, it is yours to keep. For further explanation, instructor, Phil Dickey, can be contacted upon request.



ID #25937 7/25-7/29 M-F, 9-10:30am 10+ \$95 Activity Center

Little Ninjas

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, self-confidence, coordination of mind and body, and self-discipline.

ID #25347 6/7-8/2 T, 5:30-6pm 4-5 \$33 Activity Center
ID #25348 6/7-8/2 T, 6-6:30pm 4-5 \$33 Activity Center

Youth Archery Lessons

Does your child want to learn more about archery? Maybe they would benefit from some group archery lessons. Each lesson time will be limited to six archers. Lessons will be taught by a NASP certified teacher.

ID #25053 6/9-6/23 Th, 9-9:45am 10-13 \$24 Archery Facility
ID #25066 6/9-6/23 Th, 9:45-10:30am 10-13 \$24 Archery Facility
ID #25073 6/9-6/23 Th, 4-4:45pm 10-13 \$24 Archery Facility
ID #25060 6/9-6/23 Th, 4:45-5:30pm 10-13 \$24 Archery Facility

Archery and the Outdoors

During this camp your child will learn about archery equipment, safe archery techniques, and how to safely shoot competition-style archery. These classes will be taught by a certified NASP teacher. Your children will get a taste of the great outdoors and the opportunities it holds while at this half-day camp.

Level I ID #25057 7/18-7/21 M-Th, 9am-12pm 10-13 \$60 RRP Biddle Sh.
Level II ID #25074 7/18-7/21 M-Th, 1-4pm 10-13 \$60 RRP Biddle Sh.

Explore Archery

This day will give you a "taste" of archery! You will learn the basics of target-style archery and have some outdoor fun in the process!

ID #25063 8/9 T, 9am-4pm 10-12 \$40 RRP Biddle Sh.

Planet 7

Do you want to give your child a chance to get a feel for what junior high has in store for them? This program will offer an opportunity for 6th graders entering 7th grade at Stilwell or Indian Hills Junior Highs to:

- Build self-esteem
- Learn how to deal with peer pressure
- Meet new friends
- Learn time management and study skills
- Familiarize themselves with their new school



This program includes field trips to: Skateland, Stowe Heights Challenge Course, Valley View Aquatic Center, and Worlds of Fun in Kansas City, MO. All incoming 7th graders in the fall of 2022 in the West Des Moines Community School District are eligible to register in the program.

Indian Hills Junior High		Stilwell Junior High*		
ID #25010		ID #25014	7/11-7/14	M-Th, 9:30am-4pm \$170
ID #25011		ID #25015	7/18-7/21	M-Th, 9:30am-4pm \$170
ID #25012		ID #25016	7/25-7/28	M-Th, 9:30am-4pm \$170
ID #25013		ID #25017	8/1-8/4	M-Th, 9:30am-4pm \$170

*Planet 7 for Stilwell Junior High students will be held at the Rex Mathes building (located next to Stilwell, 1401 Vine Street) due to WDMCSD construction at Stilwell.

PLANET 7 REGISTRATION BEGINS AT 8AM ON TUESDAY, 3/22

Register your child for one Planet 7 session that is held in the junior high your child will attend in the fall.

Lee Cole's Magicamp

Magicamp is for anyone who likes to have fun. You'll learn how to entertain and amaze your friends, family, and classmates with magic that you can do anywhere, at any time and for the rest of your life. Join professional magician, Lee Cole, for two days of fun at the Raccoon River Park Nature Lodge. All magic materials provided.

ID #25033 6/13 & 6/15 M & W, 9-11:45am 7-15 \$45 Nature Lodge
ID #25034 7/11 & 7/13 M & W, 9-11:45am 7-15 \$45 Nature Lodge
ID #25035 8/8 & 8/10 M & W, 9-11:45am 7-15 \$45 Nature Lodge

Kids in the Kitchen

Kids in the Kitchen is an introduction to cooking for young children. Children involved in the preparation of their meals prove to be healthier eaters, so start them on the right path with this three-week program! The students will be taught everything from mixing and measuring to kitchen safety. In each class, the children will make a snack while learning kitchen basics and cooking techniques. Please feel free to bring an apron to protect clothing from any kitchen messes!

ID #25243 7/12-7/28 T & Th, 4-5pm 5-6 \$39 Nature Lodge
ID #25240 7/12-7/28 T & Th, 5:30-6:30pm 7-8 \$39 Nature Lodge

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Burnt Marshmallow Day Camp

Each session of Burnt Marshmallow Day Camp is specifically designed for children ages four to six, with a variety of activities that include: games, songs, stories, sharing, crafts, visits from special guests, and field trips. Each camper receives a t-shirt with their registration. Burnt Marshmallow Day Camp is led by three staff members.

STAR WARS

Join our crew and blast off into a week of high adventure! Our mission will be to explore far away galaxies and learn about outer space. We'll make our own light sabers, and Darth Vader masks. This week our activities will allow your mind to travel into creative dimensions. Our special field trip will be to the Science Center of Iowa, where we'll tour the planets and see the stars. What on earth could be better?



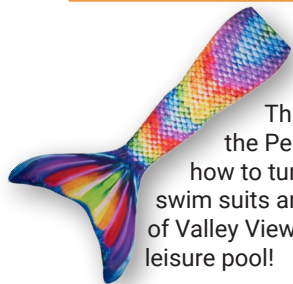
ID #25242 6/13-6/17 M-F, 9am-12pm 4-6 \$79 Pearson Park

FROZEN

"Do you wanna build a snowman?" It may be summer outside, but our theme this week features things that are cold and frozen! Join us as we create various types of Olaf snowmen and feature some of the adventures of Anna, Elsa, Kristoff, and Sven. We'll focus on acts of kindness this week and make friendship bracelets. Our field trip will take us roller skating where it will be nice and cool inside. Join the Frozen phenomenon as we feature activities from one of Disney's more popular movies.



ID #25245 6/20-6/24 M-F, 9am-12pm 4-6 \$79 Pearson Park



LITTLE MERMAIDS AND WONDERFUL WHALES

This week we will journey under the sea for a whale of a good time at the Pearson Park beach house! We'll make our own water slide and learn how to turn your backyard into a slippery, silly water wonderland! Pack your swim suits and plan to get wet. The highlight of our week will be the private use of Valley View Aquatic Center, including all the spray and splash features of the leisure pool!

ID #25239 6/27-7/1 M-Th, 9am-12pm 4-6 \$79 Pearson Park

MICKEY AND MINNIE'S CLUBHOUSE

"Oh, toodles!" Everything is more fun when Mickey and Minnie are involved. This week we'll explore the fascinating wonders of floating, flying, and bouncing objects! What goes up must come down. We'll play several games with balloons and balls and try to keep them up in the air! We'll fly a kite and make paper airplanes. See how high you can bounce and jump as you take flight at "Pump it UP" on Friday!

ID #25247 7/5-7/8 T-F, 9am-12pm 4-6 \$64 Pearson Park

SUPERHEROES



Who is your favorite superhero? Is it someone on the front lines? A police officer, fire fighter, doctor, or a nurse? Or is it an action figure from the movies? Batman, Superman, Wonder Woman, or Mulan? Whoever it may be, join us for an action-packed week celebrating all kinds of superheroes! We will talk about superpowers and super-characteristics, create and maneuver an obstacle course, and even design our own eye masks and capes! Our super-awesome themed field trip will take us to Blank Park Zoo on Friday! A few local superheroes may just make a special appearance this week, too, but no villains are allowed.

ID #25241 7/11-7/15 M-F, 9am-12pm 4-6 \$79 Pearson Park

TOY STORY

Join us for a fantastic, fun-filled journey through the eyes of our favorite Toy Story characters this week. We will create our own adventures in the park and bring Woody and several of his friends along with us! We will create our own mission for Buzz Lightyear, stretch our body and mind like Slinky Dog, dig up a few Dinosaurs, learn to be fearless like Rex, and turn trash into treasures like Forky. Everything has a purpose, and our week will be filled with Toy Story fun! Our Friday field trip will take us to Buzz Lightyear's favorite galactic place in the metro, The Science Center!



ID #25249 7/18-7/22 M-F, 9am-12pm 4-6 \$79 Pearson Park



MY LITTLE PONY

Calling all cowboys and cowgirls! Have you ever wondered what life would be like living on a farm? What type of animals would we see? We'll do plenty of horsing around this week as we create, discover, and imagine life in Ponyville. We'll feature a different Ponypal each day and discover why "Friendship is Magic!" Our field trip will take us out to the Jester Park Equestrian Center. Giddy up!

ID #25251 7/25-7/29 M-F, 9am-12pm 4-6 \$79 Pearson Park

ONCE UPON A TIME

Just as all good stories begin with the phrase, "Once upon a time," so will our week! We're featuring several of our favorite princes and princesses this week as we discover the wonderful world of imagination. We'll build Cinderella's sand castle and dress up like knights in shining armor. We'll have a tea party with Mrs. Potts and Chip and ride Aladdin's magic carpet. "Be our guest" on Friday as we have private use of Holiday Aquatic Center, including the spray features in the zero depth leisure pool.



ID #25246 8/1-8/5 M-F, 9am-12pm 4-6 \$79 Pearson Park

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Canoe/Kayak Camp

Your child will spend two days learning about canoeing and kayaking. They will learn how to upright a capsized kayak and learn the teamwork of operating a canoe. This camp will fill fast, so sign up early! Please register for only one camp.

ID #25069	8/1-8/2	M-T, 9am-2pm	11-13	\$55	RRP Biddle Sh.
ID #25070	8/4-8/5	Th-F, 9am-2pm	11-13	\$55	RRP Biddle Sh.



Kids' Kayak Class

Hey kids, come learn how to kayak! We'll outfit everyone with a kayak, paddle, and life jacket and get everyone on the water. Tour along the shoreline with a certified instructor, learn basics strokes, maneuvers, and techniques to safely start kayaking. We'll introduce you to your first basic rescue, so please come prepared to get into the water!

ID #25637	6/24	F, 8:30-11am	8-15	\$33	RRP Boathouse
ID #25655	7/11	M, 8:30-11am	8-15	\$33	RRP Boathouse

Kids' Stand Up Paddleboard Course

Here is a great way for your children to learn the basics of stand up paddleboarding! We'll outfit everyone with a board, life jacket, and paddle and get everyone on the water for a quick introduction. Tour along the shoreline with a certified instructor while we cover basic SUP safety and an introduction to strokes. Registered children can attend without an adult. Please dress to get wet!

ID #25631	6/6	M, 8:30-10am	9+	\$23	RRP Boathouse
ID #25649	7/22	F, 8:30-10am	9+	\$23	RRP Boathouse

Camp FISH

This camp is for the child who really enjoys fishing and being outside! They will fish from several locations at Raccoon River Park, learn how to care for their catch, and even get a taste of some fish they catch.

ID #25071	6/9-6/10	Th-F, 9am-4pm	10-12	\$72	RRP Biddle Sh.
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Let's Go Fishing

You can't beat a summer day, sitting next to Blue Heron Lake and fishing! Get out of the house, and enjoy the summer as you learn about fish and some of the secrets to catching them. We have the poles and bait, so what's keeping you from joining the fun?



ID #25062	7/6-7/8	W-F, 9am-12pm	7-9	\$51	RRP Biddle Sh.
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Explore - River Rats

Your child will have the time of their lives exploring river sand bars and floodplain forests of the Raccoon River. A picnic lunch, complete with s'mores, will make this day of exploration unforgettable!

ID #25056	8/8	M, 9am-4pm	10-12	\$40	RRP Biddle Sh.
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Mythbuster Camp

Can eggs cook on a sidewalk on a hot summer day? Can you dissolve a metal screw with cola? Is yawning contagious? Does spitting on a worm attract fish? Join our mythbusters team, and put these and other myths to the test.

ID #25059	6/27-6/29	M-W, 9am-12pm	7-9	\$51	RRP Biddle Sh.
ID #25075	6/27-6/29	M-W, 1-4pm	8-10	\$51	RRP Biddle Sh.

Wild for Water

Get your child ready to have lots of fun in the sun as they explore the water worlds around them. They will go fishing, hiking, and creek sloshing. Your child will get to try their hand at kayaking and spend a day at Valley View Aquatic Center. Water games and contests will add excitement as they learn and have fun at the same time!

ID #25078	6/20-6/24	M-F, 1-4pm	7-9	\$65	RRP Biddle Sh.
ID #25077	7/11-7/15	M-F, 1-4pm	9-11	\$65	RRP Biddle Sh.

Water Adventure Camp

Join us for some water adventure! Your child will canoe, fish, kayak, hike, and cook out on a Raccoon River sand bar. (All participants must wear a life jacket during all water activities.) It's sure to be lots of fun. Registration is limited, so sign up early!

ID #25051	7/25-7/28	M-Th, 9am-4pm	11-13	\$140	RRP Biddle Sh.
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Nature Explorers Camp

Join the WDM Parks and Recreation Department and the Iowa Department of Natural Resources as we co-sponsor this camp held at Walnut Woods State Park! Your child will explore their natural surroundings to find materials for some cool crafts. They will learn about nature with games, hikes, and songs. A cookout on Thursday will end this fun-filled week!

ID #25061	7/11-7/14	M-Th, 9am-12pm	6-8	\$56	Walnut Woods State Park Lodge
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Creepy Crawlers Camp

This week is for kids who love to hunt insects, pick up worms, and play in the creek! Your child will have lots of fun learning as we go on frog hunts, insect safaris, and look under every rock or trash can for cool critters!



ID #25067	6/22-6/24	W-F, 9am-12pm	6-8	\$51	RRP Biddle Sh.
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To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

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Creative Geniuses Art

Creative Geniuses is an engaging, educational, and student-led art program. We will use a new medium each week including drawing, painting, and sculpture. Students will learn technical skills while making personally meaningful art. We will bring imagination to life through an artistic process and creative habits that can be used beyond the classroom.



ID #25611	5/4-5/25	W, 6:45-7:45pm	6-11	\$68	Activity Center
ID #25619	6/15 & 6/17	W, Th, F, 10:30am-12:30pm	6-11	\$102	Activity Center
ID #25623	7/13 & 7/15	W, Th, F, 10:30am-12:30pm	6-11	\$102	Activity Center

PreK Art Play

ID #25610	5/4-5/25	W, 6-6:30pm	3-5	\$48	Activity Center
ID #25616	6/15 & 6/17	W, Th, F, 9:30-10:15am	3-5	\$48	Activity Center
ID #25617	7/13 & 7/15	W, Th, F, 9:30-10:15am	3-5	\$48	Activity Center

First Steps Dance Classes



First Steps Dance Classes are designed to introduce children to the fundamental skills of dance at a cost and time commitment that is minimal to parents. All classes are led by Josalynn Agnew, an instructor with many years of studio experience. Three to four year olds will receive instruction in ballet and jazz. Five to seven year olds will receive instruction in ballet, jazz, and tap. No special shoes are required.

ID #24341	4/11-5/16	M, 5-5:30pm	3-4	\$39	Activity Center
ID #24344	4/11-5/16	M, 5:30-6pm	3-4	\$39	Activity Center
ID #24335	4/12-5/17	T, 4:45-5:15pm	3-4	\$39	Activity Center
ID #24338	4/12-5/17	T, 5:15-6pm	5-6	\$39	Activity Center

Little Breakerz

This beginner breakdancing class will teach the basic foundations of breaking along with some history of Hip Hop culture. We will cover toprocking, footwork, freezes, transitions, and power in a fun and safe environment. Classes are led by Anthony San who has taught youth breakdancing around the metro for over five years.



ID #25020	5/1-6/12	Su, 3-3:45pm	4-6	\$45	Activity Center
ID #25022	5/1-6/12	Su, 3:45-4:45pm	7-11	\$45	Activity Center
ID #25021	6/26-8/7	Su, 3-3:45pm	4-6	\$45	Activity Center
ID #25023	6/26-8/7	Su, 3:45-4:45pm	7-11	\$45	Activity Center

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444



The format for all Rounded Minds™ programming is high-energy! Children experience the joy of learning new skills by “doing” and through fun games, songs, and positive reinforcement. Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, creative, and fun educational experiences.

Soccer

This high-energy fitness program is led by professional soccer coaches who introduce children to fundamental soccer principles, such as using their feet, dribbling, passing, ball control, and shooting by using creative games, positive reinforcement, and even songs. Children will learn the basic rules of the game while practicing sportsmanship and teamwork.



ID #25663	4/16-5/21	Sa, 9-9:30am	2-3	\$65	Ashawa Park
ID #25665	4/16-5/21	Sa, 9:30-10am	2-3	\$65	Ashawa Park
ID #25664	4/16-5/21	Sa, 10-10:45am	4-6	\$80	Ashawa Park
ID #25666	8/6-9/10	Sa, 9-9:30am	2-3	\$65	Ashawa Park
ID #25667	8/6-9/10	Sa, 9:30-10am	2-3	\$65	Ashawa Park
ID #25668	8/6-9/10	Sa, 10-10:45am	4-6	\$80	Ashawa Park

Tumbling

Our tumbling program allows young children to enhance their social skills and develop greater strength, flexibility, and coordination – along with a lifelong love of fitness. Classes are taught with a theme to catch the attention of the young gymnast and build skills through creative movement and music. This will provide them the confidence to participate in active exercises as they grow older, and at the same time, they will be learning Spanish. The entire Rounded Minds™ programs have a learning benefit of giving them an introduction to the Spanish language. This will provide them with a good edge for success in their academic future.



ID #25657	4/15-5/20	F, 5-5:30pm	2-3	\$65	Activity Center
ID #25658	4/15-5/20	F, 5:30-6pm	2-3	\$65	Activity Center
ID #25661	4/15-5/20	F, 6-6:45pm	4-6	\$80	Activity Center
ID #25659	8/5-9/9	F, 5-5:30pm	2-3	\$65	Activity Center
ID #25660	8/5-9/9	F, 5:30-6pm	2-3	\$65	Activity Center
ID #25662	8/5-9/9	F, 6-6:45pm	4-6	\$80	Activity Center



Recreation Hotline

For special program information and updates
or weather-related cancellations call

515.222.3500

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Youth Tech Inc. Youth Tech Inc., in cooperation with Des Moines Area Community College West Campus's Celebrate! Innovation program, is an interactive computer camp that focuses on providing enrichment opportunities to students in the world of computers. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. For more information about Youth Tech Inc. please visit our web site at www.youthtechinc.com.



Video Game Design

ID #25080	6/13-6/16	M-Th, 1-4pm	10-17	\$175	DMACC West Campus
ID #25081	7/18-7/21	M-Th, 9am-12pm	10-17	\$175	DMACC West Campus

Robotics/Battle Bots

ID #25088	6/13-6/16	M-Th, 9am-12pm	9-15	\$160	DMACC West Campus
ID #25089	7/25-7/28	M-Th, 1-4pm	9-15	\$160	DMACC West Campus

iGame Creator

ID #25092	6/20-6/23	M-Th, 9:30am-12pm	6-10	\$130	DMACC West Campus
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Roblox Studio - Gaming & Game Development

ID #25096	6/20-6/23	M-Th, 1-4pm	9-15	\$160	DMACC West Campus
ID #25097	7/25-7/28	M-Th, 9am-12pm	9-15	\$160	DMACC West Campus

The Gaming Academy

ID #25091	6/20-6/23	M-Th, 9am-4pm	10-17	\$305	DMACC West Campus
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iCode

ID #25098	6/27-6/30	M-Th, 9:30am-12pm	6-12	\$130	DMACC West Campus
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Animation

ID #25094	6/27-6/30	M-Th, 1-4pm	9-17	\$160	DMACC West Campus
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iMobile Game Design

ID #25086	7/5-7/8	T-F, 9:30am-12pm	6-12	\$130	DMACC West Campus
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Young Engineers

ID #25087	7/5-7/8	T-F, 1-3:30pm	6-12	\$130	DMACC West Campus
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Movie Makers

ID #25093	7/11-7/14	M-Th, 9am-12pm	9-15	\$150	DMACC West Campus
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Graphic Design

ID #25095	7/11-7/14	M-Th, 1-4pm	9-17	\$150	DMACC West Campus
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3D Game Design

ID #25090	7/18-7/21	M-Th, 1-4pm	10-17	\$160	DMACC West Campus
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Application Design

ID #25099	8/1-8/4	M-Th, 1-4pm	9-17	\$155	DMACC West Campus
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Gamers Paradise

ID #25100	8/1-8/4	M-Th, 9:30am-12pm	6-13	\$130	DMACC West Campus
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To register visit www.wdm.iowa.gov/ParkRecReg or call **515.222.3444**

Tallgrass Theatre Company has been performing in West Des Moines since 2006 and re-launched their Seedlings children's theatre program in the summer of 2018. For more on Tallgrass Theatre Company's productions, visit www.tallgrasstheatre.org.



Fabulously Funny Fairy Tale Plays

Campers will enjoy becoming classic storybook characters with a little twist. This camp will focus on stage directions, character development, and fun. Campers will play acting games and have time to catch up with friends. Final performances will be Friday 6/24 at 7pm (for am class) and Saturday 6/25 at 10am (for pm class) at Tallgrass Theatre at 2019 Grand Avenue, WDM.

ID #25567	6/20-6/24	M-F, 9am-12pm	8-18	\$90	Tallgrass Theatre
ID #25569	6/20-6/24	M-F, 1-4pm	8-18	\$90	Tallgrass Theatre

Acting Games & Stage Basics

NEW

This camp is specially designed for younger actors who are dipping their toe into the world of theatre or campers that love improv and acting games. We will learn stage directions, how to be heard and seen by the audience, and how to feel comfortable on stage all while making friends and playing creative games. You will definitely want to send lots of water and a nut-free snack for this active camp.

ID #25576	7/11-7/15	M-F, 9am-12pm	7-12	\$90	Tallgrass Theatre
ID #25578	7/11-7/15	M-F, 1-4pm	7-12	\$90	Tallgrass Theatre

Understanding a Play Camp

NEW

What is the plot? Where and when does the play take place? Does that change the characters? These are all good questions young actors should be asking themselves, and this camp will help them do it. We will use fractured fairytale scripts to explore plot, setting, and characters and perform the shows at the end of the week. A lot of fun activities and social time is scheduled, too. Final performances will be Friday 7/15 at 7pm (for am class) and Saturday 7/16 at 10am (for pm class) at Tallgrass Theatre at 2019 Grand Avenue, WDM.

ID #25572	7/11-7/15	M-F, 9am-12pm	8-18	\$90	Tallgrass Theatre
ID #25577	7/11-7/15	M-F, 1-4pm	8-18	\$90	Tallgrass Theatre

Stage Craft Camp

NEW

We will explore how the magic happens on stage from behind the curtain. Campers will get to learn about and create props, costumes, and lots of other fun things. This is a crafty, messy camp for kids that want to get their hands dirty, so please no fancy clothes or shoes. For the performance, students will need to wear all black because they will be our backstage ninjas doing shift changes and keeping everything going smoothly. Final performances will be Friday 8/5 at 7pm (for am class) and Saturday 8/6 at 10am (for pm class) at Tallgrass Theatre at 2019 Grand Avenue, WDM.

ID #25590	8/1-8/5	M-F, 9am-12pm	8-18	\$90	Tallgrass Theatre
ID #25591	8/1-8/5	M-F, 1-4pm	8-18	\$90	Tallgrass Theatre

To register visit www.wdm.iowa.gov/ParkRecReg or call **515.222.3444**

We Are So Dramatic Camp

NEW


In this camp our young actors will get to perform scenes and monologues that will be presented in a showcase-style performance. Fun activities and trying out different scripts will allow campers to experience a variety of performance styles. Maybe your very serious child will discover they love physical comedy, or the class clown might find that they can bring an audience to tears with a heartfelt drama. Monologue work will come in handy as campers start to audition for plays or move onto IHSSA contests. Final performances will be Friday 8/5 at 7pm (for am class) and Saturday 8/6 at 10am (for pm class) at Tallgrass Theatre at 2019 Grand Avenue, WDM.

ID #25588	8/1-8/5	M-F, 9am-12pm	8-18	\$90	Tallgrass Theatre
ID #25589	8/1-8/5	M-F, 1-4pm	8-18	\$90	Tallgrass Theatre



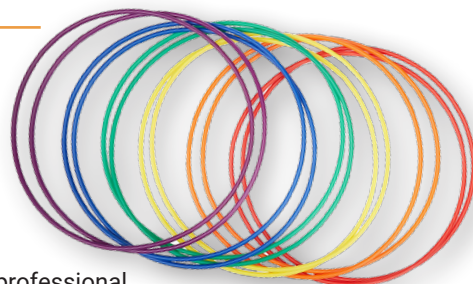
Cirque Camp

Enhance balance, flexibility, strength, coordination, and confidence in Cirque Camp! Throughout the week, students will learn traditional and modern circus arts including; acrobatics, balancing, prop manipulation, juggling, hooping, and aerial arts! Camp is led by professional circus artists from Cirque Wonderland in Valley Junction. Camp finishes the week with an informal performance for parents/adults on Friday at 12pm so all camp participants can show off their new circus skills. Performance links will be available for parents/adults to share with friends and family. All participants receive a certificate upon completion. Students should bring a water bottle and snack each day.

ID #25727	6/13-6/17	M-F, 8:30am-12pm	7-13	\$199	Cirque Wonderland (105 S 11th St.)
ID #25729	7/25-7/29	M-F, 8:30am-12pm	7-13	\$199	Cirque Wonderland (105 S 11th St.)

Intro to Circus Arts

Enhance balance, flexibility, strength, coordination, and confidence with Circus Arts! Students will be introduced to traditional and modern circus arts each week including; acro/balancing, stilt walking, prop manipulation, hooping, and aerial arts. Classes are taught by professional circus artists from Cirque Wonderland out of Valley Junction.



ID #25752	6/7-6/28	T, 4:30-5:15pm	7-12	\$100	Cirque Wonderland (105 S 11th St.)
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Summer Arts Camp



Come join us for Summer Arts Camp in Historic Valley Junction for a week packed with a variety of fun and interesting fine arts activities. This summer's camp will be led, again, by the team of professional artists from Kunzler Studios who will assist you with the creation of several cool art projects utilizing a variety of media. The week will culminate with a Friday night art exhibit and the unveiling of a student-created public sculpture. We look forward to seeing you this summer!

ID #25737	7/25-7/29	M-F, 9am-12pm	6-8	\$150	Activity Center
ID #25739	7/25-7/29	M-F, 1-4pm	9-12	\$150	Activity Center

Bike Bash

Does your child love to bike? If so, this may be the camp for them! They will spend three days exploring the bike trails of the metro. They will bike the trails of Greenwood Park, Waterworks Park, Jordan Creek Trail, Grays Lake, and the Principal Park Riverwalk. There will be lots of time for picnics, splashing in the creek, learning basic bike maintenance, and relaxing rides. Bike helmets are required.

ID #25054	6/15-6/17	W-F, 9am-3pm	10-12	\$90	RRP Biddle Sh.
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Cycle Into Summer

Here is a camp for the younger child who loves to ride bikes! They will explore the bike trails of West Des Moines. The trails are nice and flat, so one speed bikes are fine (no bikes with training wheels allowed), but each day we will be riding five to six miles. Please sign up for only one session. Bike helmets are required.

ID #25064	6/13-6/14	M-T, 9am-1pm	7-9	\$50	RRP Biddle Sh.
ID #25076	6/30-7/1	Th-F, 9am-1pm	7-9	\$50	RRP Biddle Sh.

Babysitters Training Course

The Red Cross Babysitters Training course will provide participants with the knowledge and skills to safely and responsibly care for children and infants. Participants will learn how to build a babysitting business, develop leadership skills, and how to keep themselves and others safe. They will also learn some basic information on First Aid and CPR. Each participant will receive a babysitting training set which includes a manual, a pocket emergency reference guide, and a CD Rom with helpful resources. It's a great way to say, "Let me babysit for you."



ID #25164	5/7	Sa, 9:30am-4:30pm	10-16	\$70	Activity Center
ID #25165	6/18	Sa, 9:30am-4:30pm	10-16	\$70	Activity Center
ID #25166	8/20	Sa, 9:30am-4:30pm	10-16	\$70	Activity Center

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Start Smart Programs



***Please note that Start Smart Programs are not competitive game settings.**

***A parent is required to attend and participate each week.**

Start Smart Programs will be held once a week for five weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement. All supplies needed for Start Smart Programs are provided at the first class and are included in the program fee.

Tennis

ID #25157	6/6-6/27	M, 5:30-6:30pm	5-7	\$45	Jaycee Park
ID #25149	7/11-8/1	M, 5:30-6:30pm	5-7	\$45	Jaycee Park

Soccer

ID #25158	5/31-6/28	T, 5:30-6:30pm	3-4	\$60	Peony Park
ID #25148	5/31-6/28	T, 6:30-7:30pm	5-6	\$60	Peony Park
ID #25150	7/12-8/9	T, 5:30-6:30pm	3-4	\$60	Peony Park
ID #25160	7/12-8/9	T, 6:30-7:30pm	5-6	\$60	Peony Park



Baseball

ID #25151	6/1-6/29	W, 5:30-6:30pm	3-4	\$60	Willow Springs Park
ID #25154	6/1-6/29	W, 6:30-7:30pm	5-6	\$60	Willow Springs Park
ID #25159	7/13-8/10	W, 5:30-6:30pm	3-6	\$60	Willow Springs Park

PeeWee T-Ball

Are you looking for a way to introduce softball or baseball to your five to seven year old but don't want to enroll them in a program that is too competitive or time-consuming? Register them for our youth sports program, PeeWee T-Ball. This program is designed as a fun way for children to learn the basics of softball and baseball. Our staff will help guide each team through the fundamentals of hitting, catching, fielding, and base running. Teams are determined upon arrival each night of play.

ID #25156	6/2-6/30	Th, 5:30-6:30pm	5-6	\$55	Legion Park
ID #25155	6/2-6/30	Th, 6:30-7:30pm	6-7	\$55	Legion Park
ID #25153	7/14-8/11	Th, 5:30-6:30pm	5-6	\$55	Legion Park
ID #25152	7/14-8/11	Th, 6:30-7:30pm	6-7	\$55	Legion Park

Youth Golf Lessons

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand Golf. Amenities include: target greens, putting greens, and practice bunkers. Participants will learn putting, chipping, iron play, and woods and/or metals. Registrants will need to bring all clubs to the first class.

ID #25430	6/13-6/16	M-Th, 8:30-9:30am	8-17	\$65	West Grand Golf (6450 Raccoon River Dr)
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Youth Tennis Lessons

Youth Tennis Lessons are from beginner to advanced skill levels and will feature fun, skill development, footwork, games, and lots of hitting.

***Location: Crossroads Park Tennis Courts**

Tennis Director - Bunny Bruning

Bunny played on the WTA Professional Tour for nine years and acquired ranking of #41 in singles and #8 in doubles. She has been a USPTA professional since 1987 and has been teaching and coaching for over 30 years.

Little Champs

3-4 yrs. old	ID #25435	6/13-6/30	M-Th, 8:30-9am	\$84
	ID #25436	7/11-7/28	M-Th, 8:30-9am	\$84
*Child will receive a new tennis racket	ID #25437	8/1-8/11	M-Th, 8:30-9am	\$56

Future Stars

5-7 yrs. old	ID #25559	6/11-6/25	Sa, 9-10am	\$39
	ID #25438	6/13-6/30	M-Th, 9-10am	\$156
*Child will receive 2 orange-dot balls	ID #25561	6/13-6/29	M-W, 5-6pm	\$78
	ID #25551	7/11-7/28	M-Th, 9-10am	\$156
	ID #25562	7/11-7/27	M-W, 5-6pm	\$78
	ID #25552	8/1-8/11	M-Th, 9-10am	\$104
	ID #25563	8/1-8/10	M-W, 5-6pm	\$52

Aces

8-12 yrs. old	ID #25560	6/11-6/25	Sa, 10-11am	\$39
	ID #25553	6/13-6/30	M-Th, 10-11am	\$156
	ID #25564	6/13-6/29	M-W, 6-7pm	\$78
	ID #25554	7/11-7/28	M-Th, 10-11am	\$156
	ID #25565	7/11-7/27	M-W, 6-7pm	\$78
	ID #25555	8/1-8/11	M-Th, 10-11am	\$104
	ID #25566	8/1-8/10	M-W, 6-7pm	\$52

High School

13-18 yrs. old	ID #25556	6/13-6/30	M-Th, 11am-12pm	\$156
	ID #25557	7/11-7/28	M-Th, 11am-12pm	\$156
*Teens will receive a package of overgrips	ID #25558	8/1-8/11	M-Th, 11am-12pm	\$104

WDM Youth Sports Organizations

Youth sports in West Des Moines are coordinated by a variety of organizations. The organizations below have User Agreements with the City of West Des Moines that allow their organizations to utilize City property. Registrations for 2022 summer activities are now open.

Contact each organization directly for complete information to get your child registered.

Information on a variety of other sports organizations can be found at

www.wdm.iowa.gov/YouthSports.

WDM Soccer

www.wdmisc.org

WDM Girls Softball

www.wdmsoftball.org

wdmgshelp@gmail.com

Youth Baseball at Holiday Park

www.leaguesofiowa.com

515.987.0806

To register visit www.wdm.iowa.gov/ParkRecReg or call **515.222.3444**

To register visit www.wdm.iowa.gov/ParkRecReg or call **515.222.3444**

Craft Craze

Are you looking to get out of the house and get your creative juices flowing? If so, you may want to sign up for a Craft Craze Class. You will leave with a finished or nearly finished item great for decoration or for gifts after each class.



Resin Jewelry

NEW

In this class you will have the opportunity to make resin jewelry. You will be able to make either a pair of earrings and a necklace pendant or three necklace pendants. The first evening of this two-part class we will pour and set our resin. On night two, we will attach the jewelry hardware. Arrangements can be made if you can only attend night one. These pieces will make a perfect hand-made Mother's Day gift or a special treat to keep yourself.

ID #25439 5/3 & 5/4 T & W, 5:30-8pm 16+ \$25 Nature Lodge



Macramé Plant Hangers

NEW

Bring your own four to six inch potted plant and create a trendy macramé hanger to display it. You will leave with a completed or mostly-completed project to hang in your home!

ID #25440 8/30 T, 5:30-8pm 14+ \$20 Nature Lodge

Ballroom Dancing

Instructors: Jim and Suzi Benjamin

Questions: DancelInfo@DesMoinesDance.org

Level 1/Absolute Beginner & Beyond

This class is for absolute beginners and anyone who has some knowledge of various ballroom dances. It will be a great class for Level I review and for those who would like to add additional figures beyond that class. We will teach four to six figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances, cruises, or social dances at business functions and various venues around the Greater Des Moines Area. It is highly recommended to sign up as a couple. Program fee is per person.

Dances taught: Foxtrot, Swing (East Coast), Waltz, Rumba, Tango, & Cha Cha

ID #25410 5/22-6/19 Su, 12:30-1:30pm 16+ \$40 Activity Center

ID #25415 7/10-8/28 Su, 12:30-1:30pm 16+ \$80 Activity Center

Put It All Together

This ballroom class is for anyone who is currently in or has completed the Level I class or has equivalent experience in dancing and training. The purpose is to help dancers put all the figures together enabling couple dancers to dance around the floor and learn floor craft strategies to raise the comfort bar for leader and follower in order to be comfortable at a social dance setting on any size dance floor. Each session will work on choreography for a single dance. PLEASE NOTE! This is a couples-only class. Program fee is per person.

ID #25416 5/22-6/19 Su, 1:30-2:30pm 16+ \$40 Activity Center

ID #25867 7/10-7/31 Su, 1:30-2:30pm 16+ \$40 Activity Center

ID #25868 8/7-8/28 Su, 1:30-2:30pm 16+ \$40 Activity Center

To register visit www.wdm.iowa.gov/ParkRecReg or call **515.222.3444**



IOWA
STAGE
THEATRE
COMPANY

Iowa Stage Theatre Company transforms Iowa, its citizens, and arts community by producing truthful, relevant, and intimate theatre that inspires, enlightens, and entertains.

Basic Acting

Drawing largely on the work of master acting teacher, Sanford Meisner, yet also including the instructor's own insights and exercises culled from decades of acting and acting education, this class gives the new actor a solid basis of acting training - and some fun and surprises, too!

ID #25422	4/16-5/7	Sa, 10am-1pm	16+	\$75	Activity Center
ID #25423	6/4-6/25	Sa, 2-5pm	16+	\$75	Activity Center
ID #25424	7/9-7/30	Sa, 10am-1pm	16+	\$75	Activity Center

Writing for Stage and Screen

From opening moments to the hush of a final fadeout, writers of the drama and their audiences want the very same thing: the thrill of a great story well told. This class helps you structure your stage or screen story for maximum impact.

ID #25426	4/16-5/7	Sa, 2-5pm	16+	\$75	Activity Center
ID #25427	7/9-7/30	Sa, 2-5pm	16+	\$75	Activity Center

Advanced Acting

Already have some acting experience, onstage, on-screen, or in class? This class will give you the opportunity to stretch in monologues and scenes chosen by you and/or your instructor.

ID #25425	6/4-6/25	Sa, 10am-1pm	16+	\$75	Activity Center
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Poker Skills

Poker has long been America's favorite card game. This class in basic poker skills introduces you to the six strategic assets that every player is juggling at any given moment. Please note that this class is intended to teach skill only and no real money will be gambled.

ID #25428	4/19-5/17	T, 6:30-9pm	18+	\$30	Nature Lodge
ID #25429	7/12-8/9	T, 6:30-9pm	18+	\$30	Nature Lodge



To register visit www.wdm.iowa.gov/ParkRecReg or call **515.222.3444**

Stand Up Paddleboard Course



Come learn the basics of stand up paddleboarding! We'll outfit everyone with a board, life jacket, and paddle and get everyone on the water for a quick introduction. Tour along the shoreline with a certified instructor while we cover basic SUP safety and an introduction to strokes. Children under 15 must have an adult present in the class. Please dress to get wet.

ID #25633	6/12	Su, 8:30-10am	15+	\$23	RRP Boathouse
ID #25632	7/15	F, 6-7:30pm	15+	\$23	RRP Boathouse

Tsunami Balance Board Water Fitness

Tsunami Fitness offers a safe and fun workout, designed to grow core and joint stabilization, improve your over-all fitness level, prevent injury through increased proprioception, and burn calories.



ID #25719	6/7-6/30	T & Th, 5:45-6:30pm	18+	\$48	Valley View Aquatic Ctr.
ID #25720	7/5-7/28	T & Th, 5:45-6:30pm	18+	\$48	Valley View Aquatic Ctr.

Stand Up Paddleboard Yoga

SUP will let you experience the tranquil movements of yoga while out on the water. This class is for beginners, and the goal is to have a fun and relaxing time on the water. A board and life jacket are included with the cost. Dress to get wet!

ID #25635	6/7	T, 6:30-7:30pm	15+	\$18	RRP Boathouse
ID #25640	6/14	T, 6:30-7:30pm	15+	\$18	RRP Boathouse
ID #25641	6/21	T, 6:30-7:30pm	15+	\$18	RRP Boathouse
ID #25642	6/28	T, 6:30-7:30pm	15+	\$18	RRP Boathouse
ID #25643	7/5	T, 6:30-7:30pm	15+	\$18	RRP Boathouse
ID #25644	7/12	T, 6:30-7:30pm	15+	\$18	RRP Boathouse
ID #25645	7/19	T, 6:30-7:30pm	15+	\$18	RRP Boathouse
ID #25646	7/26	T, 6:30-7:30pm	15+	\$18	RRP Boathouse

Kayak Class

Come learn how to kayak! We'll outfit everyone with a kayak, paddle, and life jacket and get everyone on the water! Tour along the shoreline with a certified instructor, learning basics strokes, maneuvers, and techniques to safely start kayaking. We'll introduce you to your first basic rescue, so please come prepared to get into the water! Children under 15 must have an adult present in the class.

ID #25636	6/11	Sa, 6-8:30pm	15+	\$33	Raccoon River Park
ID #25630	7/29	F, 8:30-11am	15+	\$33	Raccoon River Park

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Full Moon Kayak Tour

Relax and enjoy a warm summer evening on the water. Paddle along the shoreline and enjoy the views of the setting sun and rising of the full moon. We'll outfit you with a kayak, paddle, life jacket, and stern light. Participants are required to bring their own headlamps.

ID #25638	6/14	T, 8:30-10:30pm	18+	\$28	Raccoon River Park
ID #25634	7/13	W, 8:30-10:30pm	18+	\$28	Raccoon River Park
ID #25656	8/11	Th, 7:45-9:45pm	18+	\$28	Raccoon River Park

Raccoon River Float Shuttle **NEW**



The worst part about kayaking or canoeing down a river is the shuttling of vehicles. Here is your chance to enjoy a shuttle-free river experience. We will be offering rides from Raccoon River Park to the Booneville Access on the Raccoon River. You will take your kayak or canoe to the put-in location at the Booneville Access, leave it there,

and drive back to Raccoon River Park where a shuttle will pick you up and take you back to the Booneville Access. Your float on the Raccoon River will end at the portage between Raccoon River and Blue Heron Lake. You will enter the park there and paddle to your car. For more information, contact Melanie at 515.222.3435. Masks will be provided for the shuttle trip. The shuttle will be postponed for low or dangerous water conditions. (Only those riding in the shuttle need to pay. Those waiting at Booneville with the equipment do not need to register or pay.)

ID #25751	5/14	Sa, 9:30am-12pm	8+	\$10	Raccoon River Park
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Archery, Give it a "Shot"

This class is designed for adults who have wanted to try archery but have never had the chance. Old or young, come join the archery fun! We will provide the archery equipment. You will need to provide the adventuresome spirit!



ID #25072	5/26	Th, 5:45-7pm	18+	\$3	Raccoon River Park
ID #25055	7/13	W, 9:30-10:45am	18+	\$3	Raccoon River Park

Bird Watching **NEW**



Come join the Des Moines Audubon Society on a bird watching hike. All levels of bird watchers are welcome from "what is that bird called?" to "can you hear that Eastern Phoebe?" Meet in the parking lot of the Raccoon River Park Boathouse. Call 515.222.3435 if you have questions.

ID #25058	4/16	Sa, 8:30-9:30am	ALL	Free	RRP Boathouse
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To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Forest Bathing/Shinrin-Yoku

Join us for a two-hour forest bathing walk led by Brandy Case Haub of Intertwined Nature + Forest Therapy. Forest bathing boosts immunity, lowers blood pressure and stress hormones, prevents and relieves stress and anxiety, and increases cognitive functioning. Guided forest bathing walks are appropriate for all ages and abilities: less than a half mile is covered on each walk. Guides use techniques to support participants in entering a state of embodied awareness, moving through a series of invitations to support participants in tuning into each of their senses, allowing participants to move into a liminal space and experience resulting wellness benefits.

ID #25049	4/22	F, 5:30-7:30pm	16+	\$30	RRP Biddle Shelter
ID #25106	5/12	Th, 5:30-7:30pm	16+	\$30	Southwoods Park
ID #25107	6/5	Su, 9-11am	16+	\$30	Southwoods Park
ID #25052	7/17	Su, 9-11am	16+	\$30	RRP Biddle Shelter
ID #25050	8/30	Tu, 6-8pm	16+	\$30	RRP Biddle Shelter

Tai Chi

How would you like to improve your posture, balance, flexibility, strength, and mental health? You might want to try this Tai Chi class for beginners. This class will be held on the patio of the Nature Lodge where our instructor, Canh Hua, will teach you some basic Tai Chi forms that you can continue to practice long after this class is over. Canh Hua has Tai Chi for Arthritis certification and has practiced Tai Chi since 2013.

ID #25621	5/15-6/26	Su, 9-10am	18+	\$21	Nature Lodge
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Yoga with Jayla

There is a great need in the world today for stress management. Yoga with Jayla is a yoga workshop for people of the community so that they can reap the various benefits of yoga. It has been medically proven that yoga releases stress and tension from the nervous system, and this in turn enhances a person's ability to cope with the increasing pressures of modern day living. Yoga does this by providing deep relaxation to the body and the mind through its ancient breathing techniques and physical postures/exercises. So what are you waiting for? Let's get started sharpening your mind, body, and soul! To keep up to date on classes visit www.facebook.com/yogawithjayla.

M & Th, 6-7pm; Sa & Su, 10-11am

ID #25411	5/1-5/26	M, Th, Sa, Su	18+	\$80	Activity Center
ID #25351	6/1-6/29	M, Th, Sa, Su	18+	\$80	Activity Center
ID #25350	7/6-7/30	M, Th, Sa, Su	18+	\$80	Activity Center
ID #25352	8/1-8/31	M, Th, Sa, Su	18+	\$80	Activity Center



Punch Card Option: 10 classes for \$60
Purchase at the Activity Center

Turn Up Fitness

Turn Up Fitness is a fun, high-cardio dance class using your favorite hip-hop and pop songs from the 90's through today. It uses high intensity interval training in an empowering and judgment-free setting. You will be having so much fun you'll forget you are working out!

More at www.facebook.com/turnupjackie.

Drop in fee - \$7 per class

ID #25412	5/4-6/29	W & F, 6-7pm	18+	\$80	Activity Center
ID #25413	7/6-8/26	W & F, 6-7pm	18+	\$80	Activity Center

Punch Card Option: 10 classes for \$60
Purchase at the Activity Center



Archery Lessons for Beginners

Have you tried an archery class and are interested in learning more? This is your chance to improve your form and learn more techniques to make you a better archer. These archery lessons will meet for three weeks for 45 minutes. We will provide the equipment and a certified NASP instructor.

ID #25647	5/25-6/8	W, 11-11:45am	18+	\$24	Archery Facility
ID #25648	5/25-6/8	W, 5-5:45pm	18+	\$24	Archery Facility
ID #25884	5/25-6/8	W, 5:45-6:30pm	18+	\$24	Archery Facility

Coed Badminton Open Gym

Drop in for pick-up badminton matches.

***Participants under 18 must be accompanied by a parent or legal guardian**

2/27-9/25	Su, 2:30-5pm	18+*	\$2 res/\$3 non-res	Valley Southwoods
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Horseshoe Pitching League



This coed league is designed for all levels of ability (players will be handicapped). Prizes and a traveling trophy will be awarded. Free pitching instruction is available throughout the week.

***The \$3 league fee due on second night of play.**

Call 515.669.3085/641.728.4751, or just show up to play.

5/4-7/27	W, 6:30-8:30pm	12+	\$3 league fee*	Holiday Park Horseshoe Courts
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To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Adult Tennis Lessons

These are lessons for adults who are new to tennis as well as those who have advanced skills. Lessons will focus on improving student stroke, technique, skills, footwork, strategy, and match play. Courts and students will be organized by ability and experience to maximize student improvement and enjoyment.

ID #25573	6/13-6/29	M & W, 9-10am	18+	\$78	Crossroads Park
ID #25568	6/14-6/30	T & Th, 6-7pm	18+	\$78	Crossroads Park
ID #25574	7/11-7/27	M & W, 9-10am	18+	\$78	Crossroads Park
ID #25570	7/12-7/28	T & Th, 6-7pm	18+	\$78	Crossroads Park
ID #25575	8/1-8/10	M & W, 9-10am	18+	\$52	Crossroads Park
ID #25571	8/2-8/11	T & Th, 6-7pm	18+	\$52	Crossroads Park

Wheelchair Tennis Lessons

These lessons will focus on basic drop-ball hitting. Drills will focus on hitting and moving for tennis with basic progressions.



ID #25579	6/13-6/29	M & W, 6-7pm	12+	\$60	Crossroads Park
ID #25580	7/11-7/27	M & W, 6-7pm	12+	\$60	Crossroads Park
ID #25581	8/1-8/10	M & W, 6-7pm	12+	\$40	Crossroads Park

Pickleball Lessons

NEW

The best way to learn how to play pickleball is to take lessons from a pickleball instructor. The basics, strategies, and health and safety will be covered.

ID #25592	6/13-6/29	M & W, 9-10am	10+	\$78	RecPlex
ID #25593	7/11-7/27	M & W, 9-10am	10+	\$78	RecPlex
ID #25594	8/1-8/10	M & W, 9-10am	10+	\$52	RecPlex

Adult Golf Lessons



Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand Golf and amenities include: target greens, putting greens, and practice bunkers. Participants will learn putting, chipping, iron play, and woods and/or metals. Registrants will need to bring all clubs to the first class.

ID #25431	5/23-5/26	M-Th, 6:30-7:30pm	18+	\$65	West Grand Golf (6450 Raccoon River Dr)
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To register visit www.wdm.iowa.gov/ParkRecReg or call **515.222.3444**

Raccoon River Park Softball Complex

General League Info

Register at	www.teamsideline.com/WestDesMoines
Contact	Kevin Fitzgerald, Adult Sports Coordinator 515.222.3453
Deadline to Apply	Thursday, March 31, by 4pm
Game Times	Generally 6:15-9:15pm

Double Header Recreation League - Player Umpired

This is a recreational 12" slow pitch softball league. Teams play a 14 game round-robin, doubleheader schedule. Carpet is used to call balls and strikes. Players umpire their own game.

Men's Monday	4/18 start date	18+
Men's Wednesday	4/20 start date	18+
Coed Wednesday	4/20 start date	18+
Team Fee: \$280 + tax		

Double Header Recreation League - Staff Umpired

This is a recreational 12" slow pitch softball league. Teams play a 14 game round-robin, doubleheader schedule. Carpet is used to call balls and strikes. All games are staffed with an umpire.

Men's Monday	4/18 start date	18+
Men's Wednesday	4/20 start date	18+
Men's Thursday	4/21 start date	18+
Team Fee: \$435 + tax		

Double Header Commercial League

This is a competitive 12" slow pitch softball league. Teams play a 14 game round-robin, doubleheader schedule. Games are staffed with one umpire and an official score keeper.

Men's Tuesday B	4/19 start date	18+
Men's Tuesday C	4/19 start date	18+
Men's Wed. 50+	4/20 start date	50+
Team Fee: \$435 + tax		

Coed Recreation League

This is a recreational 12" slow pitch coed softball league. Teams play a six-game schedule. Games are staffed with an official score keeper. Carpet is used to call balls and strikes. Players umpire their own game.

Coed Thursday	4/21 start date	18+
Coed Sunday	4/17 start date	18+
Team Fee: \$203 + tax		

ADULT ATHLETIC LEAGUE TEAM ACCEPTANCE POLICY

The Adult Athletic League Team Acceptance Policy applies to all adult athletic leagues. The order of priority is as follows:

- 1.) Returning Teams = Teams having at least 51% of last season's roster.
 - A.) Teams who participated in the league the previous season.
 - B.) Teams who participated in the league the previous year.
 - C.) Teams may be placed in another division by the Parks and Recreation Department to equalize competition.
- 2.) New Teams = Teams that did not participate in the league the previous season or year.
- 3.) Late Teams = Any team that does not meet the established deadlines will be accepted at the Department's discretion. If more teams apply than we have space for, priority will be given to teams with the highest percentage of players on their roster residing within the city of West Des Moines School District in all cases except softball and kickball, where City boundaries apply.

To register visit www.wdm.iowa.gov/ParkRecReg or call **515.222.3444**

Sand Volleyball League

4/16 Registration Deadline

This is a non-officiated, call-your-own league. Teams will play a seven-match round-robin schedule plus tournament. Power A is the higher competition level. Power C is the lower competition level.

Register at www.teamsideline.com/WestDesMoines

Starts 5/3 Su-Th, 6:15-10:30pm 18+ \$150+tax/team Valley View Park



Coed Kickball League

4/26 Registration Deadline

SPRING LEAGUE Coed Kickball League will play this spring at Raccoon River Park Softball Complex. Leagues are offered on Tuesdays and start on April 26.

Call 515.222.3453 for registration information.



50+ Draft Softball League



This is a recreational 12" slow-pitch softball league for those over 50 years old. Teams play a nine-game schedule. All games are staffed with an umpire and an official score keeper. All attempts will be made to form teams by balancing ages and abilities.

Spring	ID #25746	4/20-6/22	W	50+	\$30	Raccoon River Park
Summer	ID #25747	7/13-9/14	W	50+	\$30	Raccoon River Park
Both	ID #25745	4/20-9/28	W	50+	\$55	Raccoon River Park

Adult 60+ Drop-In Softball

Players who are 58 and older (must turn 58 by 12/31/22) can drop in, split up into teams, and play softball. No pre-registration is necessary. A game ball is provided. Just show up to play!

4/12-10/20 T & Th, 10am-12pm 58+ \$3 res/\$4 non-res Raccoon River Park



Recreation Hotline

For special program information and updates
or weather-related cancellations call

515.222.3500

Do you love softball, volleyball, kickball, basketball or flag football but just moved to town or don't have a team to play on? Anyone interested in playing in any of our leagues can go to www.teamsideline.com/WestDesMoines to sign up. We can't guarantee you will be placed on a team, but past response has been positive.

join our team

St. Louis Cardinals vs Chicago Cubs Double-Header



Join us as we travel to the "The Gateway to the West" to take in the rivalry between the Cubs and Cards! This three-day, two-night package includes stadium seating on Friday night and premium, all-inclusive seats on Saturday in a box suite on Redbird Row. These seats include: a two-hour, all-you-can-eat picnic buffet; Coca-Cola products throughout the game; Bud and Bud Light beverages through the middle of the 8th inning; and your game ticket. (Please note: these seats include indoor/outdoor seating in a box suite in right field.) This travel package also includes a two-night hotel stay; breakfast each morning at the hotel; and round-trip transportation. Whichever team you cheer for....GO CUBS!! or GO CARDS!!..., this sports tour will satisfy any baseball fan!

ID #25676 9/2-9/4 F-Su, 7am-7pm 10+ \$685 Single
\$535/person Double
\$505/person Triple
\$485/person Quad

*This trip departs from and returns to WDM City Hall.

A \$100 non-refundable deposit is due at the time of booking, with the remaining balance due three weeks prior to departure. Because all travel expenses are prepaid, we cannot offer refunds for travel programs.

Adopt a Park/Trail Program

Are you tired of seeing trash in your neighborhood park or on your favorite trail? Are you ready to do something about it?

We need you or your local group to adopt one of West Des Moines' parks or trails and help make a difference that can be seen! Resources that are needed to accomplish a cleanup will be provided by the Parks and Recreation Department. After your group has officially adopted, a sign will be placed to recognize your sponsoring group.

For more information or to sign up on-line, go to www.wdm.iowa.gov/AdoptaPark.



To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

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REGISTRATION STARTS ON TUESDAY, MARCH 1, AT 8AM

Discover Iowa Falls

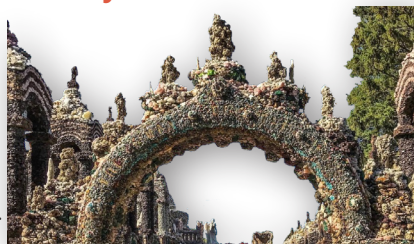


Travel with us today as we discover a few of the highlights that Iowa Falls has to offer! We'll be greeted by our step-on guide with morning coffee and treats as we tour throughout several interesting city highlights. Our stops will include the historic St. Matthew's Episcopal Church, featuring a short organ recital, and a relaxing lunch aboard the Scenic City Empress excursion boat on the Iowa River. We will tour two additional stops that our step on-guide will choose before an afternoon coffee break before departure. Come see what Iowa's "Most Scenic City" is all about!

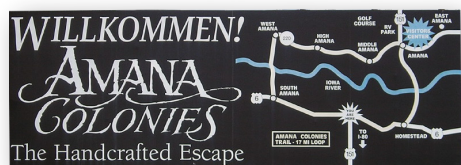
ID #25734 6/21 T, 7:30am-5:30pm 55+ \$79 Valley West Mall (SE corner)

The Grotto of the Redemption & Tea Thyme

The Grotto of the Redemption in West Bend, Iowa, is the largest grotto in the world. It is frequently considered "the Eighth Wonder of the World." It represents the largest collection of minerals and petrification concentrated in any one spot. Wear your walking shoes to enjoy a leisurely day outdoors as we stroll through the nine separate grotto scenes. The Grotto has a gift shop with a large selection of souvenirs and religious gifts. Lunch will also be included today. After departing West Bend, we'll travel to Fort Dodge for flavorful coffee and desserts at Tea Thyme. It's a perfect stop on our way home!



ID #25740 7/20 W, 8am-5:30pm 55+ \$69 Valley West Mall (SE corner)



Amana & Williamsburg

Join us for a fun day out in Amana. Stroll the unique shops along main street featuring the delicious Bakery, General Store, and women's boutiques and gift shops. Lunch is included at the famous Ox Yoke Inn, where food is served

family-style. Upon our departure of Amana, we will stop at the Williamsburg Outlets for additional shopping time. Join us for a great day!

ID #25743 8/11 Th, 8am-6pm 55+ \$64 Valley West Mall (SE corner)

**These trips generally fill quickly, so please register early.
Space is limited to 50 people. All day trips are open to
people 55 years old and over.**

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

PROGRAM REGISTRATION FORM

Account Primary Contact

First Name

Last Name

Birth-date

Phone

Mailing Street Address

Email

City, State, Zip Code

Card Number

/ /

Exp. Date

CVC

Registration Information

Participant First Name	Participant Last Name	Birth-date	Course ID #	Fee

* Please make checks payable to the City of West Des Moines

Drop Off

WDM Parks & Rec. Admin. Office
4200 Mills Civic Parkway
West Des Moines, IA 50265

Mail To

WDM Parks & Rec. Dept.
PO Box 65320
West Des Moines, IA 50265

Scan & Email To

parkrec@wdm.iowa.gov

Fax To

515.222.3459

WDM Parks & Recreation Department Waiver and Release of Liability

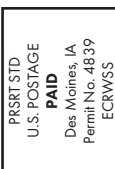
In consideration of my own or my child's participation in the Parks and Recreation (hereinafter referred to as "P&R") program or activity through the City of WDM, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns. We certify that my child and/or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.



To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444



Scan with your mobile
device to see our website



P.O. Box 65320
West Des Moines, Iowa 50265

Friends of WDM Parks & Recreation

**Supporting and Promoting WDM Parks,
Open Spaces, and Recreational Programs**

Join Us Today!

- Help us enhance the quality of life in West Des Moines through park and recreation projects that bring a more full and joyful life.
- Help us preserve and protect land and wildlife in West Des Moines to ensure future generations' happiness and wellbeing.
- Help us improve West Des Moines parks so organizations and businesses can better recruit and retain qualified employees.



**Basic Membership
\$35/year**

Website: www.wdm.iowa.gov/FriendsofWDMPR

Email: FriendsofWDMParks@gmail.com